



Australian Cardiovascular Health
and Rehabilitation Association

ACRA ASM 2026

*Transforming Lives: Reflecting on the Power of Cardiac
Rehabilitation and Prevention*

2 - 4 August 2026, Sydney Masonic Centre



Presidents report

ACRA AGM 4th August 2026

The Sydney Masonic centre

Joanna Williams



2025-2026 financial year

- Strategic plan
- Vividus Marketing review
- ACRA Solve CHD Program Excellence
- Executive management committee (EMC)
- Sub committee reports
- ACRA Collaborative Activities



ACRA STRATEGIC PLAN (**CURRENTLY BEING UPDATED**)

Vision: To achieve optimal and equitable outcomes for all affected by cardiovascular disease.

Education & Training
Susie Cartledge

EDUCATION AND TRAINING

For members and interested parties to access high-quality, up to date education and knowledge on cardiovascular secondary prevention and cardiac rehabilitation.

ADVOCACY

Be the leading voice in secondary prevention/cardiac rehabilitation advocacy in Australia through collaboration with other organisations and developing of strategic partnerships

Advocacy
Shihoko Pearson
Alison Beauchamp

Our Purpose

ACRA exists to respond to the needs of clinicians and researchers working in cardiovascular patient care across Australia.

COMMUNICATIONS & MEMBERSHIP

To ensure that all ACRA members receive regular, relevant and engaging communications about ACRA activities at a national and state level to support the delivery of the ACRA operational plan.

Communications
Katrien Janssen

RESEARCH AND QUALITY

to promote evidence-based practice to optimise cardiovascular secondary prevention care by enhancing clinical expertise in program quality and building research skills and collaborations amongst cardiovascular health professionals.

Research & Quality
Jo Wu
Andrew Maiorana



<https://www.acra.et.au/about-acra/missionvision/>



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VIVIDUS Marketing Review



STRATEGIC GOAL of the review:

- Strengthen the ACRA brand, messaging, and value proposition.
- Improve industry awareness, national presence, and perceived relevance.
- Increase member retention and long-term value.
- Grow new memberships to over 500+.
- Enhance financial sustainability and diversify revenue.
- Improve digital systems, governance, and operational efficiency.

Thank you to ACRA Vic/Tas for financially supporting the review



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VIVIDUS Marketing Review



Outcomes:

- **Membership Data & Revenue Accuracy:** Aim for all CR clinician in Australia to be a member
- **TAS Contract Performance:** Currently being renewed, to cut costs
- **Currinda Software Review:** Aware this system is very clunky and so we are transitioning to Membes
- **Website Review:** In progress, the EMC working hard and will be showing you an update very soon.
- **Digital Communications & Marketing:** We are changing to Microsoft 365, this will enable one stream of communication, and all states working from the same platform. This will in turn help us with marketing.
- **Operational Governance:** As previously mentioned Strategic plan requires updating, more details to follow.



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ACRA Funded ICCPR / CRFC

SOLVE CHD

- Over 230 applicants- funded by ACRA over the past two year –
- Life time support to access further Cardiac Rehabilitation education through ICCPR / CRFC

2025 – 2026 support structure:

- ACRA will be supporting the Program Excellence initiative.
 - ACRA will continue to support members to complete the program however we will be asking for applicants to pay for their own course and once completed apply for a capped refund from ACRA.
 - Applicants must be a member when they apply for the course and have current ongoing membership to qualify for a refund.
- **More information:** Available on the ACRA website under **Education and Training / ICCPR**

ACRA Executive Management Committee 2025-2026

Joanna Williams	President	
Dion CandeA0462616laria	President elect NSW/ACT State President	
Carmel Bourne	Treasurer	Immediate Past President
Michelle Iadanza	SA/NT State President	
Justine Williams	NT Territory State Representative	Secretary
Susie Cartledge	Vic/Tas Vice President	Co-Chair Education and Training
Snezana Stolic	QLD State President	
Jo Wu	QLD State Representative	Co-chair Research & Quality
Alison Beauchamp	Vic State Representative	Co-Chair Advocacy Committee
Robert Zecchin	NSW State Representative	Co- Convenor of the ACRA ASM 2026
Heather Chadwick	ACT State Representative	Assistant Secretary
Shihoko Pearson	Vic State President	Co-chair Advocacy Committee and Co-Chair Scientific Committee ASM 2026
Matthew Hollings	NSW/ACT President	Co-Chair Scientific Committee ASM 2026
Andrew Maiorana	WA State President	Co-Chair Research & Quality
Anne-Marie Dunnet	WA State Representative	
Vanessa Poulsen	Heart Foundation Representative	
Alun Jackson	Australian Centre for Heart Health	



Research and Quality Subcommittee: 2025 - 2026



Research & Quality Working Group:

- Goals to be achieved by end of 2026
 - Statement: ACRA is not responsible for the ethics and governance approvals (to be placed on the new website)
 - To celebrate members achievements or presentations, so members feel acknowledged in the work they are doing
 - Drafting terms of reference, working in collaboration with the Education committee
 - To draft a process/flow chart for endorsement application for a cleaner process.



Advocacy

Subcommittee: 2025 - 2026



What we're currently doing:

- Working with Heart Foundation to update existing advocacy resources for CR practitioners (e.g. Advocacy toolkit)

What we'd like to do next:

Develop posters for ward staff promoting the value of CR
These need to align with ACRA messaging

Page on the website with:
Updated advocacy resources
Resources for patients – e.g. direct links to Heart Foundation and/or a suite of downloadable resources.



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Communication & Membership Subcommittee: 2025 - 2026



- Delivered monthly newsletters via online Mailchimp since February 2023
 - Average opening rate of 60%.
- Since last ASM, we have overhauled the subscriber list so that only active ACRA paid members receive Mailchimps. Decreased issue with bounce rates
- Aim to be the main form of communication nationally for ACRA - Email blasts/flyers via Mailchimp leading up to ACRA 2026 ASM for additional education events.
- New features – C/Rehab program spotlight; information on ICCPR & CRFC initiatives
- Review of social media, especially Facebook & X – concentrate on Linked In.
- Membership drive - February to June annually (current membership 430 members)

Education and Training Subcommittee: 2025-2026



Webinars 2025

- ACRA hosted 7 webinars
- Rural health West 3 webinars

Webinars Jan – July 2026

- ACRA hosted one webinar (including one from SA chapter) and Rural Health West :
 - o Feb – QCOR Data
 - o September- Upcoming from Cobram Estate

2026 Update: ACRA Core Components of Cardiovascular Disease and Secondary Prevention and Cardiac Rehabilitation.



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ACRA Collaborative Activities

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CSANZ and ACRA Position Statement on Quality Use of Telehealth in Cardiovascular Care

The 2026 updated Australian Cardiovascular Health and Rehabilitation Association (ACRA) core components of cardiovascular rehabilitation.

- Submission entitled "2026 Update of the Core Components of Cardiovascular Rehabilitation: A Position Statement from the Australian Cardiovascular Health and Rehabilitation Association (ACRA)" has been received by journal Heart, Lung and Circulation.
- The aim of this position statement was to update the core components of cardiovascular rehabilitation in Australia to reflect societal, technological, and health system changes since its first iteration in 2014
- Recognising variation in local contexts and resources, this document is not intended to be prescriptive and does not function as a clinical guideline. Rather, it informs the delivery of evidence-based, context-sensitive cardiovascular rehabilitation and defines the core components needed to promote lifelong preventative care following a cardiovascular diagnosis.



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Heart Foundation:

Heart Foundation:

- Cardiac Services Directory upgrade project;
 - 250 individual phone calls made this year to seek services yet to update their details to complete this action
 - Currently 397 programs listed.
 - 46 programs have provided ICCPR/ACRA provider certification and have this visible on their service listing.
 - More work to be done on analysing the programs running across Australia and different models (e.g. 17 programs Education only, 13 programs Exercise only)
- New CR related resources available;
 - Cardiac rehabilitation double sided [flyer](#)
 - Cardiac rehabilitation animation [here](#)
- Education resources available to support your clinical care
 - Lots of new resources are available in the MyHeart MyLife resource library [here](#)
- Advocacy
 - Working with ACRA sub working group on updated tools
 - Supporting wider work led by Julie Redfern to grow data collection, certification and program excellence awards.

SOLVE CHD:

Heart Foundation Catalyst Partnership Grant: Heart Strong: Better cardiac care for every heart

Global Forum – Cardiac Prevention and Rehabilitation

- ICCPR and Solve CHD