



Australian Cardiovascular Health
and Rehabilitation Association



Program & Abstracts

ACRA 2025



**34th Annual
Scientific
Meeting**

**10 – 12 August 2025
Hotel Grand Chancellor
BRISBANE**

www.acra-asm.com.au

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Support for your patients living
with heart disease

Support Program

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A free information and support program to help your patients with coronary heart disease to better manage their condition and live well with heart disease.



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 @ACRAASM & @ACRA_ACRA

Acknowledgement of country:

We respectfully acknowledge the Traditional Custodians of the land on which we meet—the Turrbal and Yuggera Peoples. We honour their enduring connection to Country, including the lands, waters, skies, and community. We pay our respects to their Ancestors and Elders, past and present, as they hold the traditions and continuing connection to Country.

Welcome

On behalf of the Australian Cardiovascular Health and Rehabilitation Association (ACRA), we are delighted to welcome you to Brisbane and the 34th Annual Scientific Meeting (ASM).

Once again the Organising and Scientific Committees, have come together as a team from across all states in Australia and have worked tirelessly to present an innovative program with the emphasis on “Engagement and Collaboration”. We hope you find the program stimulating, thought provoking and relevant to your practice.

Cardiovascular disease (CVD) services continue to face unique challenges and the conference theme aims to recognise the implications and impacts being faced by both patients and health professionals alike. The theme, while diverse, recognises the challenges that people face living with CVD experience and the collaborative care services and clinicians need to provide to ensure accessibility to and engagement with programs that are innovative, resilient, and adaptable.

A heartfelt thank you to our international and national invited speakers for accepting our invitation to present at the conference, and being so obliging and generous with their time. Please take the time to connect with the speakers, their expertise is truly immense and we are privileged to be able to learn from them.

A special acknowledgement to all our valued sponsors, who continue to support ACRA. We are indebted to our sponsors, without whom this meeting would not be possible. We hope the trade exhibition will provide opportunities for everyone to engage with and learn from our sponsors. Please take the time to spend time to show your support and complete the sponsor passport.

Thank you for taking the opportunity to join us at this very special event. We strongly believe the ACRA ASM is more than just an occasion for the presentation of research findings, it is an opportunity for delegates to connect as a community, engage and collaborate, build and strengthen their networks, make new friends, share experiences, support each other and consider future opportunities through research and a collective sense of purpose.

Carmel Bourne

ASM Convenor
ACRA President

Snezanna Stolic

Co-Chair Scientific Committee
ACRA Queensland



Conference Convenor: Carmel Bourne (President ACRA)

Organising Committee

Carmel Bourne (Chair)
Dr Snezana Stolic
Joanna Williams (Sponsorship)
Dr Katina Coronos-Watkins
Dima Nasrawi
Christine Kwong

Conference Administration

Laneen Blades
Elise Katrakazos

Treasurer

Karen Healy

Conference Host



**Australian Cardiovascular Health
and Rehabilitation Association**

Australian Cardiovascular Health and Rehabilitation Association
www.acra.net.au

Acknowledgments:

Hotel Grand Chancellor Conference and Events Team

23 Leichardt St, Spring Hill QLD 4000

Scene Change Brisbane

1/54 Turbo Drive, Coorparoo QLD 4151

Bart 'n' Print

20-22 Deborah Street, Bendigo VIC 3550

The Garden Room

1 Parkland Boulevard, Brisbane City QLD 4000

ACRA Secretariat

The Association Specialists
PO Box 576, Crows Nest NSW 1585

Scientific Committee

Dr Snezana Stolic (Co-chair)
Dr Katina Coronos-Watkins (Co-chair)
Dr Susie Cartledge
Ass. Prof Alison Beauchamp
Dr Bridget Abell
Dr Celine Gallagher
Ass. Prof Jo Wu
Dr Dion Candelaria
Mrs Dima Nasrawi
Ms Kim Way
Mr Robert Zecchin

Sponsors:

The organising committee is grateful to the following organisations for the incredible support they have given to this meeting. The Sponsors' trade displays are located in the Roma Room and Foyer and will be open for the duration of the Meeting.

Silver Sponsor:



Pfizer is one of the world's leading biopharmaceutical companies, with a portfolio of some of the world's most well-known medicines, vaccines, and therapeutics. Every colleague who works at Pfizer plays an essential role in helping us fulfil our purpose of Breakthroughs that change patients' lives™. Our purpose underpins everything that we do and reflects our passion for science and our commitment to patients. Authentic collaborations with healthcare providers, patient communities and academia are fundamental for Pfizer Australia in bringing new medicines, vaccines and support to patients.

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Bronze Sponsors:



Novartis is improving the lives of more than 2.8 million patients across Australia and New Zealand through our medicines.

By partnering with the healthcare system, we are working for patients to address their needs, and we are committed to accelerating patient access to life saving treatments and associated healthcare.

We are reimagining medicine by using innovative science and technology to address challenging healthcare issues and our rich research pipeline has 200+ projects in development. We are transforming how clinical trials are run to increase patients' access to our industry-leading clinical trials footprint in Australia.

We continue to work on improving our environment for diversity, equity and inclusion and being a family friendly employer. Every day our inspired, curious, unbossed, and integrity-driven culture unites our people and encourages leadership at every level.

For more information visit: www.novartis.com



Technogym is a world leading brand in products and digital technologies for fitness, sport and Healthiness. Technogym offers a complete ecosystem of connected smart equipment, digital services, on-demand training experiences and apps that allow every single end-user to access a completely personalised training experience anytime and anywhere: at home, at the gym, on-the-go.

Over 50 million people train with Technogym in 80,000 wellness centres and 500,000 private homes world-wide. Technogym has been Official Supplier to the last nine Olympic and Paralympic Games and it is the brand of reference for sport champions and celebrities all over the world.

Bronze Sponsors:



GSK is a global biopharma company with the ambition and purpose to unite science, technology and talent to get ahead of disease together. We aim to impact the health of 2.5 billion people over the next 10 years. At the centre of this is our research and development focus on the science of the immune system, human genetics and advanced technologies, strengthened by our world-leading capabilities in vaccine and medicines development. We will focus on four therapeutic areas: infectious diseases, HIV, oncology, and immunology including respiratory diseases.

For more information visit au.gsk.com



CardiHab: DTx for cardiac rehab and primary prevention

CardiHab is an Australian Digital Health company that exists to help people recover from and prevent cardiac events.

CardiHab's Digital Therapeutic (DTx) was the world's first digital cardiac rehabilitation solution, and is the only solution of its kind that is registered with the TGA.

Designed to support clinician-led virtual care, CardiHab enables greater patient access, flexibility and convenience, leading to improved program uptake, adherence and completion results. The program's alignment with guideline care underscores the significant clinical outcomes demonstrated in clinical trials and real-world use.

CardiHab's solution has helped thousands of Australians, for more than six years across a variety of clinical settings, with outcomes that exceed global benchmarks.

For more information visit cardihab.com

General exhibitors:



Olive Wellness
INSTITUTE™

“The Olive Wellness Institute is a science repository on the nutrition, health and wellness benefits of olives and olive products, which is all subject to extensive peer review. The institute is guided by scientific experts that specialise in the nutrition, health and wellness benefits related to olive products.

This website is intended to be the go-to source of credible information relating to the nutrition, health and wellness benefits of olives and olive products, such as Extra Virgin Olive Oil and other products derived from the olive tree.”

Website: <https://olivewellnessinstitute.org>



PulsePoint Academy is dedicated to delivering dynamic, engaging, and comprehensive heart health education that supports healthcare professionals across broad settings outside of inpatient hospital care. By upskilling the healthcare workforce, we aim to close gaps in cardiovascular care, enhance patient outcomes, and promote equity in heart health.

PulsePoint Academy is committed to shining a light on under recognised conditions and working with the healthcare sector to build skills and capability to overcome disparities in care. We want high quality cardiac care to be accessible to Australians regardless of where they live.

Our current self-paced online course offerings include Women's Heart Health, Heart Failure and Atrial Fibrillation education modules and we are soon to release our Postural Orthostatic Tachycardia Syndrome (POTS) and Cardiac Blues courses. These courses are relevant and important for clinicians working in cardiac rehabilitation and chronic disease management, who have unique opportunities to optimise evidence-based care, reduce patient distress, and help patients navigate the gaps between hospital and community.

To view PulsePoint Academy courses, and get in touch about how we can partner with you in quality improvement programs to support better heart health outcomes for your region and community, please visit www.pulsepointacademy.com.au

NeuroCentrix is a private neuroscience group providing evidence-based services and treatments in mental health. We offer out-patient consulting in psychiatry, psychology and access to research and clinical trials in depression, Alzheimer's disease and dementia.

NeuroCentrix welcomes the opportunity to continue the unique service that the Australian Centre for Heart Health's (ACHH) – Cardiac Psychology Clinic has been providing to the Australian community to date. The Cardiac Psychology Clinic provides specialist psychological and behavioural support to people with heart disease and their families. Our clients include those who have had AMI, CABGS, SCAD, as well as those diagnosed with congenital heart conditions, atrial fibrillation, heart failure and other cardiac conditions.

The support provided through the Cardiac Psychology Clinic is particularly relevant for those experiencing anxiety, depression, post-traumatic stress, or the cardiac blues, as well as those struggling with lifestyle change after an acute cardiac event.

Our treatments are informed by the ACHH's own world-leading research and that of other experts in cardiac-related psychological and behavioural support. With almost half the number of Cardiac Psychology Clinic presentations having mental health related comorbidities, patients will now be able to access expanded services, including psychiatry and novel mental health treatments available to them through the NeuroCentrix Group

Exhibitor

Passport

Win a Garmin VIVOMOVE SPORT Hybrid Smartwatch.

Each delegate will receive an exhibition passport with their registration pack.

The exhibitor passport encourages delegates to engage with exhibitors and complete the passport.

To enter the draw, delegates must submit their completed passport to the registration desk by: 1500 on Tuesday 12th August.

Sponsors and Exhibitors are not eligible to participate.

The prize will be drawn at 1600 hours on Tuesday 12th August.



**You
MUST be
present to
win**

Academic Partners:



The National Heart Foundation of Australia is a leading non-profit organisation dedicated to fighting cardiovascular disease and supporting those living with it. Since 1959, the Foundation has been at the forefront of heart health research, prevention, and support services. It champions evidence-based initiatives to reduce heart disease risk, promotes healthy lifestyles, supports those affected by heart disease, and advocates for effective heart health policies. Through innovative programs, community outreach and educational resources, the Heart Foundation strives to improve heart health and save lives across Australia.



The Australian Centre for Heart Health (ACHH), since its inception as the Social and Preventive Cardiology Research Centre of the National Heart Foundation in 1989, and during its period as the Heart Research Centre from 1993 to 2016 has conducted nationally and internationally significant research on cardiac rehabilitation and secondary prevention, and the psychological precursors to, and consequences of, cardiac events. The Centre not only founded ACRA, but in 1999 produced the Best Practice Guidelines for Cardiac Rehabilitation and Secondary Prevention - a first for Australia, and one of the first sets of guidelines in the world.

An affiliate of the University of Melbourne, the Centre has since 2020, operated a cardiac counselling clinic which has delivered psychological support to over 600 people, to great effect. In response to severe funding challenges, this specialist clinical function has moved from ACHH and is now provided through NeuroCentrix, a dedicated evidence-based, assessment, treatment and research organization, as the Cardiac Psychology Clinic.

ACHH has established itself as a national leader in areas such as understanding the psychosocial aspects of spontaneous coronary artery dissection, through its research partnership with the Victor Chang Cardiac Research Institute, and in its development of condition-specific screening measures such as the Cardiac Distress Inventory (CDI).

Website: www.australianhearthealth.org.au

General Information

ACRA 2025 ASM Venue:

Hotel Grand Chancellor (HGC)
23 Leichardt St, Spring Hill Qld 4000

Registration Desk:

The registration desk will be located on the 1st floor landing of the HGC Conference Centre from Sunday to Tuesday. Please visit the registration desk to register to be onsite for the conference, collect your name badge and conference material.

Opening hours:

Sunday 10th August:	1200 – 1730
Monday 11th August:	0730 – 1630
Tuesday 12th August	0800 – 1630

Please don't hesitate to see the staff at the registration desk or the committee members should you require assistance at any time during the meeting

Name badges:

Each delegate, presenter and sponsor will be given a name badge at the registration desk. The badge will be the official pass to sessions, breaks, lunches and official social functions. It is necessary for delegates to wear their name badge at all times when onsite.

Car Parking:

Car parking is available and is located onsite at the Hotel Grand Chancellor at a cost of \$20 per day or all delegates and sponsors (Maximum 10 hrs) and \$35 10 to 24 hrs.

Disclaimer of Liability:

The Organising Committee, including the ACRA 2025 meeting administration, will not accept liability for damages of any nature sustained by participants or their accompanying persons or loss or damage to their personal property as a result of the Meeting or related events.

WIFI:

Complimentary Wi-Fi is available in the meeting rooms and exhibitor area. Access details are available at the registration desk.

Speaker Preparation – AV Upload:

Speakers are required to upload their AV materials to the 2025 ASM google drive prior to the ASM commencing

If however, you require assistance and for urgent requests an AV technician will be located in the Wickham Room on Monday 11th & Tuesday 12th from 0700 – 0830 and during breaks.

Speakers are asked to check in with AV no less than 2 hours prior to their presentation to allow time for their AV materials to be uploaded and checked.

Hotel accounts:

All delegates are reminded to pay their hotel account prior to departure from the Hotel Grand Chancellor. Each delegate is responsible for the payment of incidentals and room costs incurred as part of their stay.

Smoking Policy:

There is a “no smoking” policy inside the Hotel Grand Chancellor and at all ACRA social events – including events being held outdoors.

Membership:

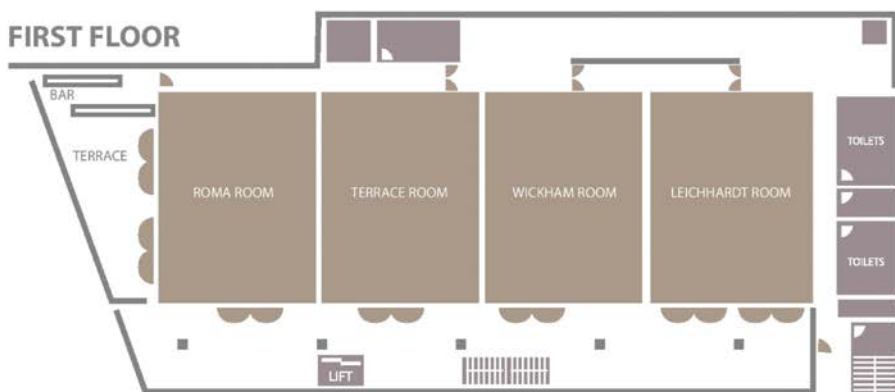
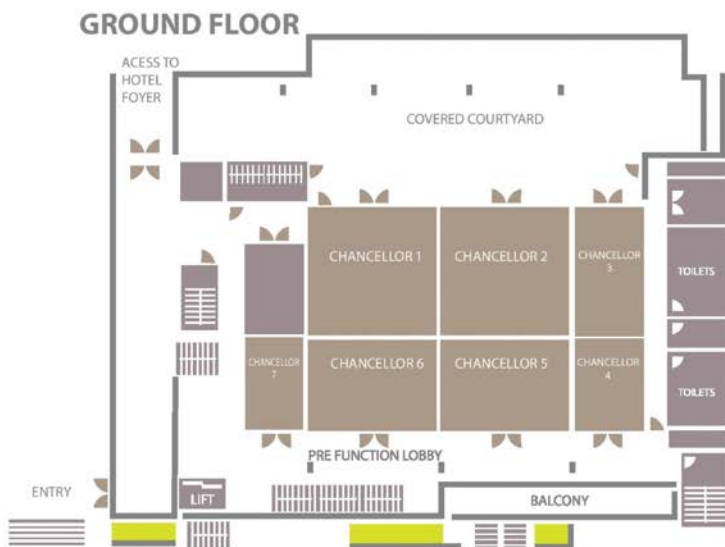
If you are not an ACRA member and would like to join, information regarding membership is available at the registration desk. Join by accessing the QR code. Membership is \$150. Joining at the conference waives the joining fee.



Exhibitor Passport

Please show your support by visiting the sponsor exhibition spaces and completing the Exhibitor Passport for a chance to win a **Garmin VIVOMOVE SPORT Hybrid Smartwatch**. Submit your completed passport to the registration desk by 1500 Tuesday 12 August. Prize will be drawn at 1600 hours on Tuesday 12 August. You **MUST** be present to win.

Conference MAP: Hotel Grand Chancellor





ACRA 2025 ASM: Silver Academic Partner

Solving the long-standing evidence-practice gap in cardiac rehabilitation and secondary prevention of coronary heart disease, SOLVE-CHD is a nationally funded NHMRC Synergy Grant. We are a vibrant, multidisciplinary team of researchers, clinicians, and consumer advisors spanning allied health, nursing, cardiology, public health, health economics, and psychology. Our shared mission is to transform post-discharge secondary prevention and reduce the burden of heart disease by decreasing deaths, hospitalisations, and health system costs through integrated efforts in data, technology, partnerships, and capacity building.

SOLVE-CHD builds on existing national initiatives, including the work of the Australian Cardiac Rehabilitation Measurement Taskforce, which achieved national consensus on quality indicators for cardiac rehabilitation. Our work is focused across four core areas: Transformative Data & Quality, New Research, Capacity Building, and virtual Network. Since our establishment in 2020, we've recruited 14 postdoctoral fellows and HDR students, published over 280 peer-reviewed papers, secured \$21 million in NHMRC, MRFF and other major fundings, and welcomed more than 450 members to our growing Network.

With momentum building to unify and strengthen cardiac rehabilitation data and quality standards in Australia, SOLVE-CHD has joined forces with ACRA and ICCPR (International Council of Cardiovascular Prevention and Rehabilitation) to co-lead a national strategy. This includes workforce certification, accessible digital systems, and care aligned with international standards. A national review revealed a reliance on paper records, reinforcing the need for low-burden, flexible data solutions. Together, our newly formed coordination committee and three working groups are driving ambitious goals: certifying providers, supporting system implementation, and recognising 50 Programs of Excellence by 2026. You'll hear more about this initiative at the ACRA ASM 2025.

We look forward to continuing this important journey alongside our passionate colleagues and community members, supporting research and

initiatives that enhance access to, and the quality of, secondary prevention in Australia and beyond.

Connect with us

Join SOLVE-CHD Network

E: solve-chd.info@sydney.edu.au

W: solvechd.org.au



[X/twitter.com/SOLVECHD](https://twitter.com/SOLVECHD)



[linkedin.com/in/solvechd](https://www.linkedin.com/in/solvechd)



SCAN ME TO JOIN NOW

Solve CHD Scholarship Recipients

Amy Wilson

Cardiac Rehabilitation Nurse Consultant, Central Adelaide Local Health Network

Ann Rickard

Cardiac Rehabilitation Coordinator, Epworth Healthcare

Elizabeth Russo

Cardiopulmonary Clinical Nurse Consultant, St Vincent's Hospital Melbourne

Guoyan Yang

Research Support Program Fellow, NICM Health Research Institute, Western Sydney University

Hannah Krause

Cardiac Rehabilitation Nurse Consultant, Central Adelaide Local Health Network

Natalie Emanuele

Cardiac Rehabilitation Program Clinician & Cardiac Nurse, Amplar Health

Shihoko Pearson

Cardiac Rehabilitation and Rehabilitation Clinical Lead, Victorian Heart Hospital, Monash Health

Lamees Ali

PhD Student, University of Queensland

Orathai Suebkinorn

PhD Student, Flinders University

Sanuri Wijesekera Kankanamge

Nursing Honours Student, University of Sydney

Tiffany Ellis

PhD Student, University of Sydney

International Keynote Speakers

Professor Rod Taylor



Rod Taylor is Professor of Population Health Research Co-Director of Centre for Excellence in Trials Collaboration (CETC), University of Glasgow, Scotland, UK and Adjunct Professor, Faculty of Health Sciences – National Institute of Public Health and Department of Psychology, University of South Denmark. He has published over 550 peer review articles in the field of health services research and has an H-index of 128 and i10-index 445. Rod's primary research interests include developing the evidence base to support global access for exercise-based interventions in people with cardiovascular disease and other long-term conditions that include the ongoing REACH-HFpEF, PERFORM, and ACROSS trials and directing the Cochrane Review Cardiac Rehabilitation

Centre together with clinical trial methodology, including the use of surrogate outcomes and the handling of multiple endpoints.

His postgraduate qualifications include PhD Clinical Physiology (Glasgow), MSc in Medical Statistics (London) and Postgrad Dip. Health Economics (Aberdeen).

Ass. Professor Jennifer Jones



Ass. Professor Jennifer Jones: PhD. MSc, BSc, PGCertEd, HCPC, FIPC Director of Preventive Medicine and Cardiovascular Health at the University of Galway, Ireland, leading a suite of postgraduate programmes (MSc in Cardiovascular and Pulmonary Rehabilitation, MSc in Preventive Cardiology, MSc Diabetes, MSc Obesity, and PGCert Cardiac Rehabilitation). She is also the Director of Training and Education for the National Institute for Prevention and Cardiovascular Health (Ireland) and delivers an array of educational offerings, including a national program in cardiac rehabilitation. She is a cardiovascular prevention and rehabilitation specialist physiotherapist by background and continues to work clinically in cardiovascular health with 6-years of experience

in delivering virtual cardiac rehabilitation.

Jennifer has served as the President to both the British Association for Cardiovascular Prevention and Rehabilitation (BACPR) and the Association of Chartered Physiotherapists in Cardiac Rehabilitation (ACPICR). She has also served as a Board Member of the European Society of Cardiovascular Nursing and Allied Professions (ACNAP) and is an Emerging Leader of the World Heart Federation program

Jennifer's research interests include alternative models of cardiac rehabilitation (tele-cardiac rehabilitation and virtual programs in particular), digital health and wearables, lifestyle medicine, health-behaviour change and health promotion approaches to cardiovascular health and diabetes prevention.

Speaker PROFILES

National Keynote Speakers

Professor Alun Jackson



Professor Alun Jackson AM, MSc, PhD, FCSANZ, FESC has been Director of the Australian Centre for Heart Health since 2013. He is an Honorary Professorial Fellow in the School of Psychological Sciences, University of Melbourne; and Honorary Professor, Centre on Behavioral Health, University of Hong Kong. His current research focuses on the psychological and behavioural precursors to, and consequences of heart disease. In 2020 he established a Cardiac Counselling Clinic which has delivered psychological support to over 600 people, achieving outcomes far exceeding those reported in Cochrane reviews of psychological interventions with cardiac patients.

Professor Jackson's Centre has undertaken major studies on anxiety, depression and distress in heart disease patients with this work informing integration of psychological care into traditional models of cardiovascular treatment. He was previously Director of the Problem Gambling Research and Treatment Centre at the University of Melbourne. This Centre was widely recognised for its research on psychiatric comorbidity in people with this behavioural addiction, and its international research on familial impacts of problematic gambling, conducted in Australia, Hong Kong and New Zealand.

Prior to this, during his tenure as Professor of Social Work at the University of Melbourne, he undertook extensive research and intervention design in relation to complex paediatric cases and in paediatric psycho-oncology. This followed his leading an eight-year program of research and treatment in relation to HIV/AIDS.

He has published 22 books and research monographs and 275 articles and developed Clinical Guidelines and practitioner resources and a range of clinical measurements including the Cardiac Distress Inventory; Healthcare Provider Patient-Activation Scale; PreFACE (Pre-operative Facial Cosmetic surgery Evaluation); Problem Gambling Family Impact Scale; Craniopharyngioma Symptom and Treatment Impact Scale and the Paediatric Discharge Planning Screening Tool.

He was appointed a Member of the Order of Australia (AM) in 2025 for significant services to health sciences.

Ass. Professor Surendran Sabapathy



A/Prof Surendran Sabapathy is the Academic Lead for the Exercise & Sport discipline in the School of Allied Health, Sport and Social Work at Griffith University. His research interests encompass integrative cardiovascular, pulmonary and metabolic physiology, with special focus on investigating the responses to acute and chronic exercise in health and disease. As an Accredited Exercise Physiologist, Surendran's area of expertise is in the evaluation and prescription of exercise for individuals with cardiorespiratory and metabolic diseases.



Zara Gomes

Director, Queensland Ballet Community Health Institute

Zara Gomes is a senior physiotherapist with 30 years experience specialising in working with dancers in performing arts companies and institutions in Australia, the UK and Europe. Zara has worked with Queensland Ballet for over a decade to develop their Performance Health team, looking after the dancers' health and wellbeing. As Director across the Queensland Ballet Community Health Institute, Zara also works to enable health and wellbeing using dance as a tool, across the community for all ages and abilities. Queensland Ballet is a leader in evidence-based Dance for Health initiatives, running regular programs including Dance for Parkinson's, Ballet for Brain Injury, Dance for Arthritis, Dance for Veterans, Ballet Serene programs (in aged-care) and Dance Rehab (in-hospital classes for patients).



Jessica Riggall

Physiotherapy Team Leader, Surgical Treatment and Rehabilitation Services

Jessica Riggall is a titled Neurological Physiotherapy with nearly 20 years-experience working in rehabilitation settings across QLD, as well as being an associate lecturer at the University of QLD. As a Physiotherapy Team Leader at STARS, Jess has been involved in the innovative and award winning collaboration with QLD Ballet from the beginning. She has a deep commitment to fostering high-performance cultures that prioritize dignified patient care and exceptional patient outcomes. She is passionate about considering all aspects of a patients wellbeing in their rehabilitation journey.

National Speaker: Heart Foundation of Australia



Vanessa Poulsen

Vanessa has two decades of experience working as a specialist cardiac Registered Nurse and at the Heart Foundation as a Senior Healthcare Programs Officer (Peer Support & Rehab Lead), designing and delivering programs to support primary and secondary prevention of cardiovascular disease. Her blend of clinical skills and public health knowledge provides her a unique micro and macro viewpoint, to bring into designing programs that are innovative and complementary to the contemporary health care system challenges.

Her role at the Heart Foundation includes supporting people living with a heart condition through managing the Peer Support Network and coordinating the Consumer Advisory Group to bring lived experience to the design and delivery of support programs. Vanessa is the subject matter expert for the Heart Foundation on cardiac rehabilitation – leading and contributing to projects to improve cardiac rehabilitation uptake and quality across Australia.

Vanessa is an affiliate member of the CSANZ, and represents the National Heart Foundation of Australia on the Australia Cardiovascular Health and Rehabilitation Association (ACRA).

National Speakers: Solve CHD



Professor Julie Redfern

Julie Redfern is a Professor of Public Health and Director of the Institute for Evidence-Based Healthcare at Bond University. She currently holds a NHMRC Investigator Grant Leadership 2 (winner of NHMRC Elizabeth Blackburn Award for Health Services). She is also a Physiotherapist, and Adjunct Professor in Sydney Nursing School Faculty of Medicine and Health, University of Sydney. Professor Redfern won the 2022 NSW Woman of Excellence and is a Fellow of the Australian Academy of Health and Medical Sciences (FAAHMS) and the European Society of Cardiology (FESC). She has been Chief Investigator on research grants totalling \$30M in the past 5 years and has published over 280 manuscripts. She is currently a member of the Board of the World Heart Federation, Chair of the Australian Cardiovascular Alliance and a member of the CSANZ Science Committee.



Professor Robyn Gallagher

Robyn Gallagher is Professor of Nursing, Faculty of Medicine and Health, Sydney Nursing School based at the Charles Perkins Centre and an Honorary Professor at Edinburgh Napier University.

Professor Gallagher's clinical and academic career focusses on understanding and supporting patients who have cardiovascular disease to engage in secondary prevention behaviours to reduce their risk of future cardiovascular events.

She leads intervention programs that use technology such as mobile apps and wearable trackers to support behaviour change in cardiac patients and has extensive experience in establishing multidisciplinary research teams. Her work with these teams has been internationally recognised, won awards and altered clinical practice leading to significant changes in policy.

She is an experienced academic and research degree supervisor and has received the University of Sydney Vice Chancellor's Award for HDR Supervisor of the Year 2023 and the 2020 Student Union Supervision Award. She was previously Director of Research Students at the University of Technology, Sydney, where she received the Postgraduate Supervision Award for Excellence. She has published 210+ papers, 16 book chapters and has had continuing grant funding totalling \$17mill.

Robyn is current Chair of the International Council of Cardiovascular Prevention and Rehabilitation and immediate past President of the Australian Cardiovascular Health and Rehabilitation Association, and Cardiovascular Nursing Council of the Cardiac Society of Australia and New Zealand and Associate Editor of the European Journal of Cardiovascular Nursing. She is Fellow of: the American Academy of Nursing, the European Society of Cardiology and the American Heart Association.

National Speakers



Samara Phillips

Samara is a physiotherapist with a Masters of Public Health. She has extensive experience with project management, clinical redesign and service improvement. She has been employed in the QLD CR Program Advisor role for 9 years, leading the co-design and implementation of the CR module of QCOR and assisting with local service improvement of the 36 public CR programs delivered from over 50 sites across Qld. Samara has supported CR programs to reflect on their programs, use data to advocate for service redesign and support clinical improvement. Samara has played a pivotal role in standardising CR content, recently using a research translation framework to standardise post-surgery and CR exercise prescription for patients undergoing a median sternotomy



Kim Prince

Kim is a lecturer for the Echocardiography degree at Central Queensland Cardiology. After working clinically for almost 20 years in cardiac sonography, Kim recently accepted a part time position with ASA on the professional development team. You could say Kim is passionate about education and now educating both students and qualified sonographers she is living the dream. Kim has experienced clinical work overseas and in both the public and private sectors in Australia. Kim has also been an examiner for the DMU over many years and a tutor for the QUT post graduate Echocardiography course.



Dr Aaron Conway

Aaron Conway is a Senior Lecturer at the School of Nursing, QUT with a joint appointment as a Senior Research Fellow in Cardiovascular Nursing at The Prince Charles Hospital that he began in late 2023. Prior to joining QUT and TPCH Aaron held a similar joint appointment as RBC Chair in Cardiovascular Nursing Research at the Peter Munk Cardiac Centre, Toronto General Hospital and the University of Toronto. During his time in Toronto Aaron gained experience working with computer scientists, engineers and patient partners using machine learning and AI.

Speaker **PROFILES**

National Speakers



Christine Kwong

Christine Kwong is a registered nurse and Certified Health Informatician Australasia with over 15 years experience in cardiac care and digital health. As Clinical Lead and Privacy Officer at Cardihab, she leads the design, implementation, and evaluation of digital therapeutics that improve access to cardiac rehabilitation. Christine drives innovation across clinical integration, quality assurance and compliance, and is nationally recognised for her work in digital health transformation. She presents regularly on digital models of care and serves on committees advancing cardiovascular and digital health.

Christine is committed to delivering patient-centred, evidence-based digital health solutions.



Professor Lauren Ball

The cornerstone of my work is leading the Springfield Living Lab. Living labs use geographical boundaries and systems thinking approaches to examine whole-of-city implementation and innovation mechanisms. They leverage infrastructure and partnerships to enable codesigned, pragmatic solutions in health and other disciplines that drive knowledge translation to benefit other contexts and regions. Springfield exemplifies the defining features of a living lab through its integrated urban design, strong local governance, and commitment to innovation across health, education, and technology. As

Australia's largest master-planned city, Springfield offers a contained, yet complex, real-world environment to co-create, test, and refine solutions to contemporary issues facing society. Living labs are increasingly recognised as effective models for place-based research, characterised by multi-stakeholder collaboration, iterative development, and embeddedness within everyday community life.



Dr Karen Phillips

Dr Karen Phillips is a Cardiac Electrophysiologist in private practice in Brisbane. She is a Clinician and Researcher. She heads the Brisbane AF Clinic which is dedicated to the comprehensive management of atrial fibrillation. The clinic is based at Greenslopes Private Hospital, Brisbane – the largest private hospital in Australia. She has emerged as an expert and one of the leaders of Atrial Fibrillation Interventional procedures in Australia, including performing Catheter Ablation for AF and implantation of Left Atrial Appendage Occlusion Devices for stroke prevention. She has a strong publication record, presents regularly

at national and international conferences, is actively involved in clinical trials and has been a vocal patient advocate for new therapies for atrial fibrillation and women's health.

National Speakers



Professor Tracy Kolbe

Prof Tracy Kolbe-Alexander is the Program Director for Public Health in the School of Health and Medical Science at the University of Southern Queensland (UniSQ), part of the UniSQ Centre for Health Research, The Manna Institute and an Honorary Professor at the University of Cape Town, South Africa. Tracy's research explores the role of the social, built and natural environments in promoting and supporting health and wellbeing. Her research examines the health seeking behaviours of people including those with low socio-economic status, and in regional and remote areas, and the Global South. Using various strategies and methodologies, including participatory community-based and systems science approaches, she has developed, implemented and evaluated health promotion programs in different settings (community, schools, and workplaces).



Dr Hannah Mayr

Dr Hannah Mayr is an Advanced Accredited Practicing Dietitian and works as Principal Research Fellow for the Nutrition and Dietetics Department at Princess Alexandra Hospital, Brisbane. She collaborates with diverse teams of medical and allied health clinician researchers. Dr Mayr has expertise in chronic disease prevention and management and her work has a focus on evidence-based dietary patterns, including translation to routine care. Dr Mayr is an experienced university Lecturer in dietetics practice and research and regularly educates multi-disciplinary clinicians on diet's role in disease prevention and management.



Jamiee Herbert

Jaimee Herbert is a dietitian from Tamworth, NSW who is in the final stages of completing her PhD thesis. She has experience working as a private practice dietitian in both metropolitan and rural settings, with chronic disease prevention and management a primary focus. Her PhD thesis explores the development and preliminary evaluation of a telehealth Medical Nutrition Therapy intervention for CVD risk reduction, delivered through Primary Care Practises in rural NSW.

Workshops

International presenter



Professor Lis Neubeck

Professor of Cardiovascular Health and Head of the Centre for Cardiovascular Health Research at Edinburgh Napier University. She leads the NHS Research Scotland Cardiovascular Clinical Network and holds honorary professorial roles at the University of Sydney and the Medical University of Wroclaw, Poland. Her research focuses on innovative approaches to secondary prevention of cardiovascular disease, atrial fibrillation, spontaneous coronary artery dissection and digital health. She has secured over £5 million in competitive funding, supervised 15 research students to completion, and received multiple awards, including the 2024 RCN Scotland Outstanding Achievement Award. Lis is a Fellow of the European Society of Cardiology (ESC) and the Royal Society of Edinburgh, and currently leads the ESC Patient Forum (2022–2026).

National presenters



Dr Matt Barton & A/Prof Mike Todorovic

Associate Professor Mike Todorovic and Dr Matt Barton are award-winning educators, scientists, and communicators with expertise in medical education. Together, they co-host the popular Dr Matt & Dr Mike's Medical Podcast and run a YouTube channel with over 800,000 subscribers and 60 million views. Their work has led to collaborations with the Australian Medical Association, Australian Dental Association, World Science Festival, and over 150 ABC radio call-back episodes. With extensive experience in both research and education, Mike and Matt have built a global reputation for using digital platforms to enhance learning and inspire the next generation of health professionals.



Dr Georgia Chaseling

Dr Chaseling is a thermal and cardiovascular physiologist, funded by a National Health and Medical Research Council Emerging Leader 1 fellowship. She leads the Aging and Chronic Disease priority theme at the Heat and Health Research Centre, University of Sydney, and forms part of the Air pollution and climate change expert group for the World Heart Federation. Her research focuses on implementing sustainable, accessible adaptation strategies to reduce heat-related health risks in vulnerable populations, particularly older adults and those with cardiovascular disease.

National presenters



Olivia Powrie

Olivia is an Accredited Clinical Exercise Physiologist who works for West Moreton Health in the Chronic Conditions Service. Olivia has clinical experience facilitating cardiac and pulmonary rehabilitation services.

Olivia has a keen interest in Postural Orthostatic Tachycardia Syndrome and has a passion for improving access to tailored rehabilitation for non-traditional cohorts, such as POTS and SCAD. Olivia presented a case study at the ACRA 2024 ASM in the Clinical Excellence Showcase titled 'Creating a New Rehabilitation Pathway: A Flexible Approach to Cardiac Rehabilitation in Post-COVID POTS'. Olivia has since secured funding to pilot a tailored rehabilitation pathway for individuals with POTS within West Moreton.



Jeanine Stewart

Jeanine is an experienced Nurse Practitioner who works at the Prince Charles Hospital in Brisbane, Queensland. She has over 25 years clinical cardiac nursing experience, completing her Graduate Diploma of Cardiac Nursing and holds Nurse Practitioner Masters degree from Queensland University of Technology (2014).

Jeanine has held various clinical positions within interventional cardiovascular nursing and prehospital retrieval settings within public and private settings in Australia and internationally. Jeanine holds a sessional academic role with Griffith University in the School of Nursing & Midwifery (SoNM).

Jeanine holds many clinical leadership roles both with in cardiology at TPCB and more broadly Statewide and Nationally. These include clinical leadership in the Cath Lab, Mentorship for nursing including NP students. She holds a position on the Queensland Cardiac Clinical Network committee, and Metro North Nurse Practitioner Advisory committee. Jeanine is an invited member of CSANZ writing committee for the 2025 ACS guidelines for the management of acute coronary syndromes. Jeanine is currently working with Queensland Cardiac Outcomes Registry developing the Cardiology Inpatient acute Referral System for tertiary level management for our cardiology cohort throughout Queensland. She is a passionate patient advocate.



Katrina Ghidella

Katrina Ghidella has over 15 years' experience working in Aboriginal and Torres Strait Islander Health. As an Accredited Exercise Physiologist Katrina is passionate about walking alongside the Aboriginal and Torres Strait Islander Community to provide guidance and tools for Community to access along their health journey's. In her role as the Rehabilitation Programs Manager at the Institute for Urban Indigenous Health, Katrina has, in recent years, lead the roll out of community based Cardiac and Pulmonary Rehabilitation programs. In addition to this she also manages the Work It Out Program and the Deadly Fit Mums Program and provides clinical supervision and support to a Multidisciplinary team.

Welcome Reception

The Welcome Reception officially commences the 2025 ACRA ASM. This event will be a fantastic opportunity to get to know fellow delegates over canapes and drinks.

Venue: Courtyard, Hotel Grand Chancellor

Date: Sunday 10th August 2025

Time: 1800 – 2000

Cost: Included in all full registration tickets

Additional tickets \$100 per person

or students and day-only registration see registration desk

Dress: Smart Casual

Name Badges:

It is a conference requirement for delegates to wear their name badge at all times to access social functions.

Gala Event

Enchanted Evening

Join us at the ACRA 2025 Gala Event. This is a wonderful opportunity to catch up with friends old and new...while having a fun night dressed in your most magical and enchanted outfit. There will be prizes for the best dressed - fashion parade and of course... the Gala dance off!

Venue: The Garden Room

1 Parkland Boulevard Brisbane City

Date: Monday 11th August 2025

Time: 1830 – 2230 hours

Cost: Included in all full registration tickets.

Additional tickets \$150 per person

Program

Sunday 10th August 2025

Scan QR code for
online program.



12:00	Registration desk opens (located Level 1, Landing)
13:05-15:50	<p>Pre-Conference Workshop Welcome: Terrace, Wickham, Dr Snezana Stolic Dr Katina-Corones Watkins</p> <p>Pre-conference Presentations Obesity and its effects on cardiovascular health Atrial Fibrillation Treatment in Women: Towards the Best Outcomes Dr Karen Phillips Wellness out West! Co-creating a systems map to address mental wellbeing and obesity in the Darling Downs Region Prof. Tracy Kolbe-Alexander Healthy Rural Hearts: Improving dietary related risk factors for CVD in the country Jaimee Herbert Springfield Healthy Hearts: A 2025 Heart Foundation’s Catalyst partners and the future of action on heart health Prof. Lauren Ball – Springfield Healthy Hearts Mediterranean-style diet for coronary heart disease and type 2 diabetes – evidence and practical translation to practice in inter-disciplinary healthcare teams Dr Hannah Mayr</p>
15:55-16:10	Afternoon Tea – Pre-conference attendees
16:15-17:15	<p>ACRA Members Forum Carmel Bourne – ACRA National President Joanna Williams – ACRA President Elect</p>
18:00-20:00	<p>SOCIAL: Welcome Reception Hotel Grand Chancellor – Courtyard The Welcome Reception officially commences the 2025 ACRA ASM. This event will be a fantastic opportunity to get to know fellow delegates over canapes and drinks.</p>

Please provide us with feedback about your experience at this year’s ASM so we can continue to deliver events that meet your needs. Scan the code to access the feedback form. Hard copy available at the ASM reception desk.



Monday 11th August 2025

07:30	Registration desk opens (located Level 1, Landing)
08:30-08:45	Acknowledgement of Country Terrace, Wickham, Leichhardt Dr Katina-Corones Watkins ASM Official Opening – Welcome from the ASM Convenor and ACRA-Queensland President Terrace, Wickham, Leichhardt Carmel Bourne & Dr Snezana Stolic
08:45	ASM Official Opening Patient Story: Mr Ron Linning
09:00	International Plenary: Developing the evidence base to expand global access to cardiac rehabilitation Terrace, Wickham, Leichhardt Invited Keynote Speaker: Professor Rod Taylor
09:00	International Plenary: Alan Goble Oration “Virtual Healthcare Solutions for Cardiac Rehabilitation - Safety, Efficacy & Key Considerations” Terrace, Wickham, Leichhardt Invited Keynote Speaker: Associate Professor Jennifer Jones
10:30	Alan Goble Award Presentation Terrace, Wickham, Leichhardt Carmel Bourne – ACRA National President
10:35	Morning Tea, Poster Viewing and Trade Exhibition Roma Room and Landing
10:55	QCOR - Improving CR service delivery using the Queensland Cardiac Outcomes Registry Terrace, Wickham, Leichhardt National Speaker: Samara Phillips
11:15-11:51	Research Prize Session Terrace, Wickham, Leichhardt Abstract Session Sponsored by the Australian Centre for Heart Health 
	Research Prize Terrace, Wickham, Leichhardt Prospective associations of daily step count and stepping intensity with risk of heart failure and myocardial infarction in people with hypertension Sonia Cheng Oral health education in cardiac rehabilitation, a randomised controlled trial Lauren Church Victorian patient outcomes associated with cardiac rehabilitation attendance: A linked data analysis of 37,919 patients Dr Susie Cartledge
11:51-12:11	Moderated Poster Presentations Terrace, Wickham, Leichhardt A digital solution for better heart health: tailored support for people living with coronary heart disease Carlie Smith From insights to action: usability testing of a co-designed person centred web-based cardiac rehabilitation program for women in rural areas Orathai Suebkinorm Co-design of a health literacy intervention to improve accessibility of cardiac services for patients with coronary heart disease Sofia Wang Measuring fear of cardiac recurrence and progression Sarah Clarke

Monday 11th August 2025

12:11-12:25	Enhancing Access and Outcomes in Cardiac Rehabilitation through Digital Therapeutics Terrace, Wickham, Leichhardt National Speaker: Christine Kwong <div>CARDIAB</div>		
12:25-13:00	Plenary: Psych cardiology theory, research and practice: An Australian Story Terrace, Wickham, Leichhardt National Keynote Speaker: Professor Alun Jackson		
13:00-14:00	Lunch, Poster Viewing and Trade Exhibition Roma Room and Landing		
14:00-14.45	Room 1 – Terrace	Room 2 – Wickham	Room 3 – Leichardt
	Workshop: European society of cardiology (ESC) What our patient forum does Professor Lis Neubeck	Workshop: Rising temperature, Rising risks: Preventing heat induced rises in cardiovascular disease Dr Georgia Chaseling	Workshop: How can using collaboration and engagement change the system? Katrina Ghidella
1445 – 1500	Afternoon Tea, Poster Viewing and Trade Exhibition Roma Room and Landing		
15:00-16:00	Concurrent Abstract Sessions: Physical Activity The effect of early resistance training combined with aerobic training versus aerobic training alone on functional capacity following rheumatic fever-related valve replacement surgery: A randomised controlled trial. Jacqueline Pengelly Clinician perspectives on the implementation of a very brief physical activity intervention into cardiac rehabilitation settings-a mixed methods process evaluation of the "Measure It!" Trial' Jessica Seymour & Heather Chadwick Does early balance training combined with phase 1 CR improve balance, strength, and post operative recovery following CABG: a RCT Jacqueline Pengelly	Concurrent Abstract Sessions: Psychology Fear of cardiac disease recurrence and progression - Who is at risk? Sarah Clarke Measuring distress after Spontaneous Coronary Artery Dissection: the Cardiac Distress Inventory for SCAD (CDI-SCAD) Barbara Murphy Trajectory of Psychological Distress Among Elective Cardiac Surgery Patients William McCann The benefits of counselling after a cardiac event: Improvements in anxiety, depression and distress for cardiac patients attending the Cardiac Counselling Clinic Barbara Murphy	Concurrent Abstract Sessions: Cardiac Nursing Themes Nurse educators' expectations, training, and assessments of electrocardiogram interpretation among Australian acute care nurses: a national survey Susie Cartledge Cardiac nurses' confidence and knowledge in discharge and cardiovascular disease management: A mixed methods study. Myciah Astrera-Sigro Exploring Australian acute care nurses' competency in electrocardiogram interpretation from a nurse educator perspective: a qualitative study Susie Cartledge Navigating Health Literacy in Cardiac Rehabilitation: A Nursing Perspective Sangeeta Sharma
16:00	Close of Day one		
18:30-22:30	Gala Evening – Theme: An Enchanted Evening The Garden Room, Roma Street Parklands 1 Parkland Boulevard Brisbane A wonderful opportunity to catch up with friends old and new while having a fun night dressed in your most magical and enchanted outfit. There will be prizes for the best dressed (fashion parade) and of course the Gala dance off.		

Tuesday 12th August 2025

07:30	Registration desk opens (located Level 1, Landing)
08:25-8:55	Welcome to day 2 Terrace, Wickham, Leichhardt Dr Snezana Stolic – ASM 2025 Scientific Chair and QLD President Laughter Yoga Heather Joy Campbell 
08:55-9:30	Plenary: Heat & Heart Failure – Threat or Therapy? Terrace, Wickham, Leichhardt National Keynote Speaker: Associate Professor Surendran Sabapathy
09:30-10:00	Cardiac Sonography Terrace, Wickham, Leichhardt Echoes of the heart: the role of cardiac sonographers in healthcare National Speaker: Kim Prince What do I need to know about AI now as a clinician? National Speaker: Dr Aaron Conway
10:00-10:30	Australia National Cardiac Rehabilitation Quality Initiative Terrace, Wickham, Leichhardt ICCPR update and Special Issue for Heart, Lung and Circulation on Reimagining Cardiac Rehabilitation and Prevention: Innovations, Implementation, and Impact. Prof. Robyn Gallagher, Carmel Bourne, Prof. Julie Redfern & Dr Dion Candelaria
10:30-10:58	Morning Tea, Poster Viewing and Trade Exhibition Roma Room and Landing
10:58-11:46	Clinical Prize Session Terrace, Wickham, Leichhardt Sponsored by the Australian Centre for Heart Health  <p>Evaluation of uptake to cardiac rehabilitation services in ST-Elevation Myocardial Infarction patients after the introduction of an electronic automated referral system? - A single centre study in Western Sydney. Robert Zecchin</p> <p>Ultra-processed food exposure and risk of cardiovascular mortality in the Melbourne Collaborative Cohort Study Sarah Gauci</p> <p>Assessing the Readiness of Cardiac Rehabilitation Programs for Quality Improvement Interventions in NSW and VIC Sanuri Wijesekera Kankanamge</p> <p>Positive lifestyle behaviours, and barriers and facilitators of adherence, six-months following Phase II cardiac rehabilitation program completion. A mixed-methods observational study. Jacqueline Pengelly</p>
11:46-11:53	Clinical Excellence Showcase Terrace, Wickham, Leichhardt Sponsored by Australian Cardiovascular Health and rehabilitation Association 
	Establishing a Nurse Cardiac Rehabilitation Ambassador Program to increase promotion and uptake of Cardiac rehabilitation following an acute hospital admission - increasing nurse knowledge of cardiac Rehabilitation Joanne Kevill Health service and lived consumer experience reflected in the successful development and implementation of a sustainable Cardiac Rehabilitation Hospital Volunteers Program: A partnership between Bowral and District Hospital and Heart Support Australia Diane Jacobs
12:00-13:00	Lunch, Poster Viewing and Trade Exhibition Roma Room and Landing

Tuesday 12th August 2025

12:20	ACRA Annual General Meeting Members Only Wickham		
13:00-13:45	Room 1 – Terrace	Room 2 – Wickham	Room 3 – Leichardt
	Workshop: Post the hospital goodbye. How nurse practitioners adapt their supportive care to meet the needs of ACS patient cohort. Jeanine Stewart	Workshop: Social media as an education tool to educate patients on CRP Dr Matt Barton & Dr Mike Todorovic	Workshop: Tailoring Cardiac Rehabilitation for Non-Traditional Cohorts (eg. POTS, SCAD) Olivia Powrie
13:45-14:45	Room 1 – Terrace	Room 2 – Wickham	Room 3 – Leichardt
	Concurrent Abstract Sessions: Technology Discharge education using a Nurse-Avatar application in patients with Acute Coronary Syndrome: A Randomised Controlled Trial Tiffany Sorial/Ellis Cardiovascular disease peer support: what are the perceived benefits and key priorities in digital intervention development? A multi-component qualitative study Joseph Weddell Cardiac rehabilitation needs and preferences of women in rural areas: insights for tailored web-based program design for women Orathai Suebkinorm Co-Designing DESI-Heart: Conversational Agent based Self-care Intervention for People with Cardiovascular Disease Ann Tress Sebastian	Concurrent Abstract Sessions: SCAD/POTS Exploring exercise engagement after spontaneous coronary artery dissection: A qualitative study of survivor's perspectives Chloe Trevor 12-Month Outcomes Following Multidisciplinary Management of Postural Orthostatic Tachycardia Syndrome (POTS) Gemma Wilson Hypermobility in postural orthostatic tachycardia syndrome: Implications for cardiac autonomic management Marie-Claire Seeley Consumer Driven Research Outcomes for Postural Orthostatic Tachycardia Syndrome (POTS) Gemma Wilson	Concurrent Abstract Sessions: Cardiac Rehab for at Risk Populations Funding Disparities in Cardiac Rehabilitation: A Barrier to Equitable Health Outcomes Sarah Gauci Community-based cardiac rehabilitation program for Chinese migrants in Australia: a pilot randomised controlled trial Guoyan Yang (Emily) Is Health Literacy Associated with Cardiac Rehabilitation Attendance in Patients After Myocardial Infarction? Laveena Sharma The impact of health literacy and cardiac secondary prevention behaviours and health outcomes among culturally and linguistically diverse populations Melissa Abou Chakra
14:45-15:10	Afternoon Tea, Poster Viewing and Trade Exhibition Roma Room and Landing		
15:10-15:40	Plenary: Dance Rehab – Dancing Towards Health STARS Royal Brisbane and Woman's Hospital Dance Rehab for Stroke Patients Terrace, Wickham, Leichardt National Keynote Speaker: Zara Gomes & Jessica Riggall		
15:40-15:50	Heart Foundation of Australia update Vanessa Poulsen		
15:50-16:15	Awards and Closing Terrace, Wickham, Leichardt Awarding of SOLVE-CHD Scholarship recipients Professor Robyn Gallagher Announcement of prize winners Dr Snezana Stolic, Carmel Bourne Announcement of ACRA ASM 2026 in Sydney Robert Zecchin Conference Close		

SOLVE CHD

Static Posters

Effectiveness of alternative exercises on cardiac rehabilitation program completion and health outcomes in women with or at high risk of cardiovascular disease: a systematic review and meta-analysis

Orathai Suebikinorm Joyce Ramos, Sherry Grace, Lemlem Gebremichael, Norma Bulamu, Jeroen Hendrik, Robyn Clark, Alline Beleigoli et al.

Peer video stories for people living with coronary heart disease – a cross-culture exploration of patient perspectives

Zarin Mansur, Joseph Weddell, Dion Candelaria, Robyn Gallagher, Barbara Murphy

Cardiometabolic disease risk and mortality: does oral hygiene have an impact? A systematic review.

Lauren Church, Kay Franks, Nidhi Medara, Karolina Curkovic, Baani Singh, Jaimit Mehta, Raied Bhatti, Shalinie King

Understanding GP's experience of heart failure medication up titration

Joanna Clark, Susan Slatyer (Mentor)

Examining control group changes in physical activity levels in people with coronary heart disease: a systematic review and meta-analyses.

Jessica Seymour, Kacie Patterson, Zephane Tyack, Rachel Davey, Nicole Freene

Quality Use of Telehealth in Cardiovascular Care - CSANZ and ACRA Position Statement

Susie Cartledge, Jonathan Rawstorn, Carolyn Astley, Carmel Bourne, Kimberley Bardsley, Nicole Bart, Andrea Driscoll, Tanya Hall, Jeroen Hendriks, Adam Scott, Nicola Straiton, Emma Thomas, Sally Inglis

Cardiac rehabilitation referrals increase eightfold from QI interventions: a systematic review and meta-analysis

Sanuri Wijesekera Kankanamge, Robyn Gallagher, Sherry Grace, Ling Zhang¹ Michelle Cunich, Dion Candelaria

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All abstracts for invited speakers, workshops, prize & concurrent sessions and posters are available via the following QR codes

Abstracts for PRIZE SESSIONS
are available by clicking on the
presentation title



**Abstracts for MODERATED AND
STATIC POSTERS** are available by
clicking on the presentation title



Abstracts for CONCURRENT SESSIONS
are available by clicking on the
presentation title



**Abstracts for SPEAKER
PRESENTATIONS AND WORKSHOPS**
are available by clicking on the
presentation title



Voting for prize winners

Please take time to vote for your favourite oral and poster presentations.
Any of the abstracts submitted and presented in a concurrent or poster session are eligible for “People’s Choice” awards.

People’s Choice Poster

**Voting closes @ 1:00pm
Tuesday 12th August
Vote by scanning QR code below**



People’s Choice Presentation

**Voting closes @ 2:45 pm
Tuesday 12th August
Vote by scanning QR code below**



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