

# Pre-conference Workshop

**DATE: Monday 10th August 2020**


<b>1:30PM</b>	<b>Preconference workshop opening</b> Dr Celine Gallagher
<b>1:35PM</b>	<b>Advances in ablation for Atrial Fibrillation</b> Professor Jon Kalman
<b>1:55PM</b>	<b>What is the role of education in AF: the HELP AF study</b> Dr Celine Gallagher
<b>2:15PM</b>	<b>Which device for which patient? Latest evidence in Cardiac Implantable Electronic Devices.</b> Dr Christopher X Wong
<b>2:35PM</b>	<b>Panel 1 Q&amp;A</b> Dr Christopher Wong, Dr Celine Gallagher, Professor Jon Kalman
<b>2:50PM</b>	<b>BREAK</b>
<b>3:15PM</b>	<b>Remote monitoring of CIEDs - does it improve outcomes?</b> Dr Joris Mekel
<b>3:35PM</b>	<b>Update on TAVIs - medical</b> A/Prof Tony Walton
<b>3:55PM</b>	<b>Update on TAVIs - nursing</b> Rox Johnston
<b>4:15PM</b>	<b>Panel 2 Q&amp;A</b> Dr Joris Mekel, A/Prof Tony Walton, Rox Johnston
<b>4:30PM</b>	<b>BREAK</b>
<b>5:00PM</b>	<b>SOCIAL EVENT: ECR virtual drinks</b> Dr Emma Thomas
<b>6:00PM</b>	<b>BREAK</b>
<b>7:00PM</b>	<b>Movie Special Screening: Pumphead: the patient experience</b> Introduced by Prof Alun Jackson
<b>8:15PM</b>	<b>Movie Panel Q&amp;A (15 mins)</b> Chaired by Prof Alun Jackson: Andrew Pike (Film Director), Barry (Consumer), Dr Alistair Begg (Cardiologist), A/Prof Jayme Bennets (Cardiothoracic Surgeon), A/Prof Rosemary Higgins (Psychologist)

# Program Day 1

DATE: 11th August 2020


<b>9:00 AM</b>	<b>ASM OFFICIAL OPENING</b>	
<b>9:00 AM</b>	Welcome to country	
<b>9:10 AM</b>	Official Opening - Carmel Bourne and Susie Cartledge	
<b>9:15 AM</b>	<b>Patient story</b> Dennis	
<b>9:30 AM</b>	<b>PLENARY ONE - Looking back, looking forward</b>	
<b>9:30 AM</b>	<b>Life members - looking back</b> Kim Gray	
<b>9:45 AM</b>	<b>Progress in stroke data and ehealth and how lessons might apply to cardiac rehabilitation</b> Professor Dominique Cadilhac	
<b>10:25 AM</b>	<b>The road to cardiac recovery - Horse-cart or roller coaster?</b> Kellie-Ann Jolly	
<b>10:40 AM</b>	Morning tea	
<b>11:00 AM</b>	<b>RESEARCH PRIZE</b>	<b>EXERCISE PRIZE</b>
		
<b>11:00 AM</b>	Prize intro by chairs	Prize intro by chairs
<b>11:05 AM</b>	<b>Safety and feasibility of early-initiated Cardiac Rehabilitation in Stroke Survivors to Improve Survivorship (CRISSIS)</b> Dr Liam Johnson	<b>PRIME-HF: Novel exercise for older patients with heart failure. A pilot randomised controlled study</b> Catherine Giuliano
<b>11:20 AM</b>	<b>Engaging in physical activity after a transient ischemic attack or non-disabling stroke is "Business as usual": A grounded theory study.</b> - Maria Sammut (Saudi Arabia)	<b>High-intensity interval training versus moderate intensity continuous training within cardiac rehabilitation: a systematic review and meta-analysis</b> A/Prof Mandy Hannan
<b>11:35 AM</b>	<b>Improving women's cardiac rehabilitation attendance: a women-only yoga program</b> Dr Barbara Murphy	<b>Safety and Feasibility of Early Resistance training following Median Sternotomy: The SAFE-ARMS study.</b> Jacqui Pengelly
<b>11:50 AM</b>	<b>Cumulative impact of multiple risk factors on prevalence of anxiety and depression during early and late convalescence following a cardiac event</b> - Michael Le Grande	<b>High intensity interval training in cardiac rehabilitation: long-term adherence and effect on cardiorespiratory fitness.</b> Jenna Taylor
<b>12:05 PM</b>	Break	
<b>12:15PM</b>	<b>PLENARY TWO (ALAN GOBLE)</b>	
<b>12:15PM</b>	<b>Introduction to Alan Goble Oration</b> Kim Gray	
<b>12:20PM</b>	<b>Alan Goble Oration</b> Professor Stephen Nicholls Lipid Management in 2020: Challenges for Today and the Path Moving Forward	
<b>1:00PM</b>	<b>Alan Goble Distinguished Service Award</b> Kim Gray	
<b>1:10PM</b>	Lunch	

# Program Day 1

2:00PM	<b>Diabetes: the impact on cardiovascular disease and recent advances.</b> Prof Jonathan Shaw			
2:25PM	Break			
2:35PM	<b>WORKSHOPS 1</b>	<b>WORKSHOP 2</b>	<b>WORKSHOP 3</b>	
2:35PM	<b>Helping more people access cardiac rehabilitation: An overview of telehealth</b> Host/Chair: Dr Emma Thomas	<b>Ambulance Victoria Workshop: Recovery and rehab following cardiac arrest</b> A/Prof Dion Stub, Prof Smith, Dr Case, Simon Thomson Host/Chair: Dr Susie Cartledge	<b>Evidence-based Promotion of Activity for Patients Recovering from Median Sternotomy.</b> Dr Tanya LaPier Host/Chair: Dr Celine Gallagher	
3:20PM	Break			
3:30PM	<b>CONCURRENT ABSTRACT SESSION ONE (10 + 4)</b>			
3:30PM	<b>Predicting repeat hospital presentations for atrial fibrillation: the REVIEW AF study</b> Dr Celine Gallagher	<b>What are the right tools to screen for sleep disorders in cardiac patients?</b> Michael Le Grande		
3:45PM	<b>Gamified mobile applications for lifestyle risk factors in the high risk for cardiovascular disease events populaton: A systematic review</b> Mr Angus Davis	<b>Seeing is believing: the use of wearable cameras to enhance self-management in heart failure</b> Dr Susie Cartledge		
4:00PM	<b>Physical activity and incident arrhythmias: data from the UK biobank.</b> Dr Adrian Elliott	<b>Unmet self-management needs among Chinese immigrants with heart disease in Australia</b> Dr Ling Zhang		
4:15PM	Afternoon tea			
4:30PM	<b>PLENARY THREE - YEAR OF THE NURSE / BEATING BURNOUT</b>			
4:30PM	<b>Beating burnout for healthcare workers - put your own mask on before assisting fellow passengers</b> Geoffrey Ahern			
5:10 PM	<b>Closing statement</b>			
5:15PM	Day 1 Finish			

# Program Day 2

DATE: 12th August 2020

<b>08:00AM</b>	<b>BREAKFAST SESSION - Pfizer smoking cessation session</b>	
<b>08:00AM</b>	<b>Introduction</b> Dr Celine Gallagher	
<b>08:05AM</b>	<b>Very Brief Advice (VBA) for smoking cessation</b> Dr Hester Wilson	
<b>8:15 AM</b>	<b>Smoking cessation in the outpatient setting</b> Ms Ingrid Plueckhahn	
<b>8:25 AM</b>	<b>Smoking cessation in the acute care setting</b> Dr Matias Yudi	
<b>8:35 AM</b>	<b>Panel discussion: Q&amp;A / brief case studies</b> Hester, Ingrid, Matias	
<b>9:00 AM</b>	<b>Break</b>	
<b>9:15: AM</b>	<b>Welcome to Day 2</b> Carmel and Susie	
<b>9:20 AM</b>	<b>Patient story</b> Jenny	
<b>9:30 AM</b>	<b>PLENARY FOUR</b>	
<b>9:30 AM</b>	<b>Female-specific factors that enhance cardiovascular risk in women throughout the lifespan</b> A/Professor Erin Michos - international speaker	
<b>10:20 AM</b>	<b>Break</b>	
<b>10:30AM</b>	<b>CLINICAL PRIZE</b>	
		
<b>10:30AM</b>	Prize intro by chairs	
<b>10:40AM</b>	<b>PACE - an innovative partnership approach to cardiopulmonary rehabilitation in the Alpine Shire, Victoria.</b> Fiona Miller	
<b>10:55AM</b>	<b>Embedding a statewide measurement tool</b> Samara Phillips	
<b>11:10AM</b>	<b>Telephone health coaching (The COACH Program®) provides effective and equitable access to an evidence-based cardiovascular disease (CVD) prevention program for patients with, or at risk of, coronary heart disease in Tasmania who are unable to attend face to face cardiac rehabilitation.</b> Minke Hoekstra	
<b>11:25AM</b>	<b>Morning tea</b>	
<b>11:40AM</b>	<b>PLENARY FIVE</b>	
<b>11:40AM</b>	<b>The power of data to move cardiac rehabilitation forward</b> A/Prof Carolyn Astley	
<b>12:00PM</b>	<b>Break</b>	
<b>12:10PM</b>	<b>CONCURRENT ABSTRACT SESSION TWO</b>	
<b>12:10PM</b>	<b>Aquatic exercise for stable coronary heart disease</b> Anna Scheer	<b>Who is attending CR in Queensland?</b> Samara Phillips
<b>12:25PM</b>	<b>Shorter wait times promote greater exercise capacity improvements in cardiac rehabilitation: A multi-site study</b> Dion Candelaria	<b>What are the baseline patient characteristics that determine improvement in depression following CR in patients with new onset depressive symptoms?</b> Serdar Sever
<b>12:40PM</b>	<b>Australian cardiac rehabilitation exercise parameter characteristics and perceptions of high-intensity interval training:a cross-sectional survey</b> A/Prof Amanda Hannan	<b>Providing nutrition care at cardiac rehabilitation. A survey of current practice and attitudes in Australia.</b> Lucy Kocanda
<b>12:55 PM</b>	<b>Lunch</b>	

# Program Day 2

<b>1:45PM</b>	<b>CLINICAL EXCELLENCE SHOWCASE</b>		
<b>1:45PM</b>	<b>Prize intro by chairs</b>		
<b>1:50PM</b>	<b>Does changing the frequency and duration of the Phase 2 Cardiac Rehabilitation Program influence attendance rates?</b> Jacquelyn Dunstan		
<b>2:00PM</b>	<b>Innovative lung and sternum ultrasound education program for nurses and physiotherapists</b> Lynda Tivendale		
<b>2:10PM</b>	<b>Thinking outside the square for post PCI care</b> Greg Coad		
<b>2:20PM</b>	<b>Frustration, Collaboration, Creation. A patient centred approach to the management of Chronic Heart Failure</b> Michelle Baird		
<b>2:30PM</b>	<b>Break</b>		
<b>2:40PM</b>	<b>WORKSHOP 1</b>	<b>WORKSHOP 2</b>	<b>WORKSHOP 3</b>
<b>2:40PM</b>	<b>Including people with stroke in my cardiac rehabilitation class: Why should I, who can come and what do I need to consider?</b> Dr Liam Johnson <b>Host:</b> Dr Jonathan Rawsotr	<b>Supporting patients through their secondary prevention journey: Launching the Heart Foundation's new support program</b> <b>Heart Foundation Heart Health Patient Support Team</b> <b>Host:</b> Dr Susie Cartledge	<b>Rheumatic heart disease care and cultural sensitivity</b> <b>Vicki Wade and Sara Noonan</b> <b>Host:</b> Dr Celine Gallagher
<b>3:25PM</b>	<b>Afernoon tea</b>		
<b>3:40PM</b>	<b>PLENARY SIX - ENVIRONMENT</b>		
<b>3:40PM</b>	<b>Announcement of Prize winners</b> Susie & Carmel		
<b>3:50PM</b>	<b>Air Pollution and Cardiovascular disease - Where are we now?</b> Prof Kaz Neghisi		
<b>4:30PM</b>	<b>ACRA SA promotion</b>		
<b>4:40PM</b>	<b>Closing remarks</b>		