



Monday 31 July 2023

12:00 Registration Open

Location: Lower Colonnade, Ground floor

13:30 Pre-conference workshop

Rheumatic Heart Disease: The patient journey

Location: Seminar room 4

Chairs: Helen McLean, Dr Celine Gallagher

13:30 Acute Rheumatic Heart Disease and Rheumatic Heart Disease - what is the burden?
Dr Judith Katzenellenbogen. Cardiovascular Epidemiologist, University of Western Australia

14:00 Rheumatic Heart Disease case studies.
Ms Beth Chidlow. Program Manager, WA Country Health Service

14:30 The role of the rheumatic heart disease register in WA.
Ms Cheryl Liddiard, Clinical Nurse Specialist, WA Country Health Service

14:50 Afternoon tea and video: "Take Heart"

First floor balcony

Workshop attendees only

15:15 Surgical Management of Rheumatic Heart Disease
Dr John Artrip. Consultant Paediatric Cardiothoracic Surgeon, Perth Children's Hospital

15:35 Sharing culturally secure ways of engaging with Aboriginal patients and supporting families
Vicki Wade, First Nations Heart Health Lead, Heart Foundation. Daymon Eades, Lived experience RHD

16:10 Panel discussion

17:00 ACRA Member's Forum

Location: Seminar room 4

18:00 Welcome Reception

Location: First floor balcony

President's welcome. Networking. Drinks and canapes. Noongar dance group

Tuesday 01 August 2023

07:00 Registration Opens

Location: Lower Colonnade, Ground floor

07:45 Breakfast session

Equity, Diversity and Inclusion - development of the Heart Foundation Strategy

Location: Seminar room 4

Chair: Dr Celine Gallagher

Invited Speaker: Le Smith, General Manager NT & Executive Lead Equity, Heart Foundation

08:30 ASM Official Opening - Welcome to Country

Location: Theatre Auditorium

Speakers: Vaughn McGuire, Helen McLean, Dr Celine Gallagher

08:40 Patient story

Location: Theatre Auditorium

Invited speaker: Ian Gentle, Ken Farmer, Professor Andrew Maiorana



09:00 Plenary One

Aboriginal holistic models of care delivery

Location: Theatre Auditorium

Chairs: Associate Professor Carolyn Astley and Professor Tom Briffa

Invited Speaker: Professor Helen Milroy, Stan Perron Professor Child and Adolescent Psychiatry, University of Western Australia. Honorary Research Fellow, Telethon Kids Institute.

09:45 Alan Goble Oration

Secondary prevention post-Acute Coronary Syndrome - access and equity for all?

Theatre Auditorium

Chairs: Associate Professor Carolyn Astley and Professor Tom Briffa

Invited Speaker: Dr James Rankin, Director of Cardiology, Fiona Stanley Hospital.

10:20 Alan Goble Award Presentation

Location: Theatre Auditorium

Chair: Associate Professor Carolyn Astley

10:30 Morning Tea and Trade Exhibition

Location: Trade Area/Veranda

10:30 Moderated Posters

Location: Trade Area/Lower Colonnade

Chair: Dr Patricia Field

1 Improving secondary prevention knowledge in immigrants after a heart attack: adapting and evaluating a virtual patient education resource to promote behaviour change. Wendan Shi

2 Scale-up and scale-out of the Australian-Fans in Training (Aussie-FIT) health behaviour change program: Protocol for a randomized controlled hybrid effectiveness-implementation trial. Matthew McDonald

3 Humanitarian crises of adults with congenital heart disease - Experiences of two refugees referred to cardiac rehabilitation. Robert Zecchin

11:00 Research Prize Session

Location: Theatre Auditorium

Chairs: Dr Jonathan Rawstorn, Dr Celine Gallagher

11:05 Comparison of 30-day readmission rates and 1-year mortality of cardiovascular disease between Australian- and overseas-born residents: a large cohort study of older Australian adults. Ling Zhang

11:21 A National Survey of Cardiac Rehabilitation on Patient Data Capture, Management, Reporting and Informing Practice in Australia. Matthew Hollings

11:37 Low evidence-based pharmacotherapy prescription for patients discharged after an acute coronary syndrome: presents an important opportunity for prescribers before cardiac rehabilitation and secondary prevention programs. Lemlem Gebremichael

11:53 Current practices and attitudes of cardiac nurses regarding cognitive screening in patients with acute coronary syndrome. Emma Zhao

12:15 Abstract Presentations

Diversity Room

Chairs: Assoc Prof Carolyn Astley, Prof Jeroen Hendriks

12:15 A League of Nations" - Diversity of ~6000 patients enrolled in 4 cardiac

Equity Room

Chairs: Carmel Bourne, Vanessa Poulsen

12:15 Accuracy, depth and quality of online information for Spontaneous Coronary Artery

Access Room

Chairs: Professor Alun Jackson, Joanna Clark

12:15 A national survey of cardiac rehabilitation practitioners' attitudes and



rehabilitation programs in western Sydney. Robert Zecchin

12:26 An Australian football theme can engage men with cardiovascular disease in a health behaviour change intervention: Results from a feasibility randomized trial. Eleanor Queded

12:37 Economies of scale in exercise telerehabilitation: a modelling study. Jonathan Rawstorn

12:48 Identification of needs and preferences of women in rural Australia to co-design an existing web-based cardiac rehabilitation service: the Cardiac Rehabilitation Especially for Women (CREW) project. Joyce Ramos

Dissection (SCAD) survivors and their families: a novel systematic appraisal of websites. Joseph Weddell

12:26 Chronic Heart Failure community-based rehabilitation: the impact of an education intervention to improve referral and engagement rates. Katie Palmer

12:37 Improving Primary care Adherence to Heart Failure guidelines In Diagnosis, Evaluation & Routine management (PATHFINDER). Liying Dai

12:48 Cardio-oncology patients are not just cardiac patients with cancer: A five-year registry study of Western Sydney cardiac rehabilitation enrolments. Matthew Hollings

practices regarding psychosocial well-being and healthy eating. Sarah Gauci

12:26 Retrospective assessment of eligibility for same-day discharge following elective percutaneous coronary intervention and potential cost-savings in six Queensland public hospitals. Lisa Chen

12:37 Health literacy and attendance at cardiac rehabilitation following myocardial infarction: Preliminary analysis of the ENHEARTEN study. Denise Azar

12:48 Quality of cardiac rehabilitation in rural South Australia after a quality improvement intervention: results of the Country Heart Attack Prevention (CHAP) Project. Robyn Clark

13:00 Lunch and Trade Exhibition

Location: Trade Area/Conference Foyer

14:00 Workshops

Diversity Room	Equity Room	Access Room	Belonging Room
Cardio-oncology 101: what clinicians need to know Chair: Dr Snezana Stolic Facilitators: Professor Robyn Clark and Mr Robert Zecchin	DESY - Diabetes Self Management Yarning Chair: Nikki Strahan Facilitators: Ms Kathryn Lemon and Dianne Ledger	Clinical Yarning Chair: Helen McLean Facilitators: Professor Dawn Bessarab and Dr Ivan Lin	Sleep and CVD Chair: Dr Dion Candelaria Facilitator: Ms Tracy Swanson

14:50 Plenary Two

Beginning of a new era in secondary prevention of atherosclerosis. What everyone should know about targeting inflammation with low dose colchicine in patients with coronary disease

Location: Theatre Auditorium

Chair: Dr Celine Gallagher and Helen McLean

Invited Speaker: Dr Mark Nidorf, Cardiologist

15:30 Afternoon Tea and Trade Exhibition

Location: Trade Area/Conference Foyer

16:00 Plenary Three

Reversing diabetes: is it possible? Implications for cardiovascular care

Location: Theatre Auditorium

Chair: Carmel Bourne and Dr Snezana Stolic

Invited Speaker: Mr Ray Kelly, University of Melbourne



16:45 Clinical Excellence Showcase

Location: Theatre Auditorium

Chairs: Carmel Bourne and Dr Snezana Stolic

16:50 Engaging country patients in cardiac rehabilitation: early learnings from a virtual Heart Health Support Service. Nicole Skavik

16:58 An Innovative Business model using established Medicare items for delivery of cardiac rehabilitation - a value proposition for primary care. Norma Bulamu

17:06 New Fluid Balance Documentation to improve patient outcomes in the acute setting. Linda Macaulay

17:15 Free time

19:00 Gala Dinner

Location: Matilda Bay Restaurant, 3 Hackett Drive, Crawley, WA.

Theme: My Heart Will Go On

Wednesday 02 August 2023

07:30 Registration Opens

Location: Lower Colonnade, Ground floor

07:30 Heart Foundation Walk

Location: Wonil Hotel foyer

07:30 Early/Mid-career Researcher Coffee Catch-up

Location: Seminar room 1

08:30 Day 2 Welcome

Location: Theatre Auditorium

Speakers: Helen McLean and Dr Celine Gallagher

08:35 Plenary Four

Postural Orthostatic Tachycardia Syndrome in Australia - where are we in 2023?

Location: Theatre Auditorium

Chair: Dr Celine Gallagher and Nikki Strahan

Invited Speakers: Professor Dennis Lau and Ms Marie-Claire Seeley. Australian Dysautonomia and Arrhythmia Research Collaborative, University of Adelaide

09:15 Plenary Five

Cardiovascular care - a social and emotional wellbeing approach

Location: Theatre Auditorium

Chair: Dr Celine Gallagher and Nikki Strahan

Invited Speaker: Ms Vicki Wade. Leader, National Aboriginal Health Unit, Heart Foundation

9:45 Morning Tea and Trade Exhibition

Location: Trade Area/Conference Foyer

9:45 Moderated Posters

Location: Trade Area/Lower Colonnade

Chair: Dr Patricia Field

1 Implementing a sedentary behaviour change smartphone app in cardiac rehabilitation: a qualitative analysis guided by the Theoretical Domains Framework and Capability, Opportunity, Motivation - Behaviour Model. Michelle Lander



2 Re-designing a personalised cardiac support program to complement the complex patient journey. Chloe Truesdale

3 Effectiveness of telehealth cardiac rehabilitation programs on health outcomes of patients with coronary heart diseases: an umbrella review. Wendan Shi

10:15 Abstract Presentations

Diversity Room	Equity Room
Chairs: Robert Zecchin and Dr Dion Candelaria	Chairs: Professor Andrew Maiorana and Linda Macaulay
10:15 Lower cardiac rehabilitation enrolment occurs in ACS patients who have less physical activity: a prospective observational study using wearable activity tracker data. Matthew Hollings	10:15 A qualitative review of patient experiences of cardiac rehabilitation. Sarah Gauci
10:26 Patient program fidelity and reported experiences with a web-based, interactive, clinically integrated cardiac rehabilitation and secondary prevention program (CATCH Web). Katie Nesbitt	10:26 Integrative review: Rheumatic Heart Disease echocardiogram screening by nonexperts. Snezana Stolic
10:37 Uptake and implementation of telehealth-delivered cardiac rehabilitation: A systematic review of system and provider factors. Daniel Ferrel-Yiu	10:37 Participation in cardiac rehabilitation and association between participation and major adverse cardiovascular events among Australian patients with acute coronary syndrome alive at six-month follow-up. Deborah Manandi
10:48 Favourable body composition changes following cardiac rehabilitation for patients with ST-elevated myocardial infarction compared to coronary artery bypass graft. Matthew Hollings	10:48 Effects of water-based circuit exercise training on cerebrovascular outcomes in stable coronary heart disease. Anna Scheer
10:59 Development of chronic disease secondary prevention in rural and remote communities Patricia Field	10:59 Improving cardiac rehabilitation utilization is essential to reducing mortality and cardiovascular readmission: a data linkage analysis of cardiac rehabilitation utilization and clinical outcomes of 84,064 eligible separations in South Australia. Robyn Clark

11:15 Workshops

Diversity Room	Equity Room	Belonging Room	Access Room
Using a Theory of Change to measure health interventions: Tips and tricks Chair: Dr Michelle Rogerson Facilitator: Ms Sunet Jordaan	How to assess for POTS in Long Covid? Chair: Dr Celine Gallagher Facilitators: Professor Dennis Lau and Ms Marie-Claire Seeley	Digital health in cardiovascular care: panacea for the modern age or ineffectual novelty? Chair: Dr Jonathan Rawstorn Facilitator: Professor Andrew Maiorana	Health literacy and culturally relevant resources Chair: Helen McLean Facilitators: Dr Celeste Rodriguez Louro and Ms Glenys Collard

12:15 Lunch and Trade Exhibition

Location: Trade Area/Conference foyer

12:45 ACRA Annual General Meeting

Location: Seminar room 4
ACRA members only

13:15 Plenary Six

Climate health and Cardiovascular Disease - 2023 update

Location: Theatre Auditorium

Chairs: Dr Snezana Stolic and Melanie Robinson



Invited Speaker: Dr Georgia Chaseling, University of Sydney

14:00 Clinical Prize Session

Location: Theatre Auditorium

Chairs: Dr Snezana Stolic and Melanie Robinson

14:05 Standardising activity and exercise following cardiac surgery: a research translation framework in practise. Samara Phillips

14:21 The Warm Introduction: An Aboriginal Health Unit and Cardiac Liaison Nurse shared care approach to improve care for Aboriginal patients with cardiovascular disease at Bairnsdale Regional Health Service. Carolyn Alkemade

14:37 Flexibility, Opportunity, and Access: Designing a Cardiac Rehabilitation model of care to promote patient choice at the Victorian Heart Hospital. Katie Palmer

14:53 Culturally respectful Heart Health education: Empowering Aboriginal coordination teams to deliver heart health education through clinical yarning. Ursula Swan + Helen McLean

15:15 ACRA Advocacy

Location: Theatre Auditorium

Speakers: Associate Professor Carolyn Astley, ACRA National President

15:30 Prize Announcements

Location: Theatre Auditorium

15:45 ASM 2024 Promotion

Location: Theatre Auditorium

Speakers: Robert Zecchin

15:50 Conference Close and Afternoon Tea

Location: Theatre Auditorium

Speakers: Helen McLean, Nikky Strahan and Celine Gallagher

