



## Monday 31 July 2023

### 12:00 Registration Open

**Location:** Lower Colonnade, Ground floor

### 13:30 Pre-conference workshop

Rheumatic Heart Disease: The patient journey

**Location:** Seminar room 4

**Chairs:** Helen McLean, Dr Celine Gallagher

**13:30** Acute Rheumatic Heart Disease and Rheumatic Heart Disease - what is the burden?  
Dr Judith Katzenellenbogen. Cardiovascular Epidemiologist, University of Western Australia

**14:00** Rheumatic Heart Disease case studies.  
Ms Beth Chidlow. Program Manager, WA Country Health Service

**14:30** The role of the rheumatic heart disease register in WA.  
Ms Cheryl Liddiard, Clinical Nurse Specialist, WA Country Health Service

### 14:50 Afternoon tea and video: "Take Heart"

First floor balcony

Workshop attendees only

**15:15** Surgical Management of Rheumatic Heart Disease  
Dr John Artrip. Consultant Paediatric Cardiothoracic Surgeon, Perth Children's Hospital

**15:35** Sharing culturally secure ways of engaging with Aboriginal patients and supporting families  
Vicki Wade, First Nations Heart Health Lead, Heart Foundation. Daymon Eades, Lived experience RHD

**16:10** Panel discussion

### 17:00 ACRA Member's Forum

**Location:** Seminar room 4

### 18:00 Welcome Reception

**Location:** First floor balcony

President's welcome. Networking. Drinks and canapes. Noongar dance group

## Tuesday 01 August 2023

### 07:00 Registration Opens

**Location:** Lower Colonnade, Ground floor

### 07:45 Breakfast session

Equity, Diversity and Inclusion - development of the Heart Foundation Strategy

**Location:** Seminar room 4

**Chair:** Dr Celine Gallagher

**Invited Speaker:** Le Smith, General Manager NT & Executive Lead Equity, Heart Foundation

### 08:30 ASM Official Opening - Welcome to Country

**Location:** Theatre Auditorium

**Speakers:** Vaughn McGuire, Helen McLean, Celine Gallagher,

### 08:45 Patient story

**Location:** Theatre Auditorium

**Invited speaker:** Ian Gentle



## 09:00 Plenary One

Aboriginal holistic models of care delivery

**Location:** Theatre Auditorium

**Chairs:** Helen McLean and Associate Professor Tom Briffa

**Invited Speaker:** Professor Helen Milroy, Director, Centre for Aboriginal Medical and Dental Health, University of Western Australia. Honorary Research Fellow, Telethon Kids Institute.

## 09:45 Alan Goble Oration

Secondary prevention post-Acute Coronary Syndrome - access and equity for all?

Theatre Auditorium

**Chairs:** Helen McLean and Associate Professor Tom Briffa

**Invited Speaker:** Dr James Rankin, Director of Cardiology, Fiona Stanley Hospital.

## 10:20 Alan Goble Award Presentation

**Location:** Theatre Auditorium

**Chair:** Associate Professor Carolyn Astley

## 10:30 Morning Tea and Trade Exhibition

**Location:** Trade Area/Veranda

## 10:30 Moderated Posters

**Location:** Trade Area/Lower Colonnade

**Chair:** Dr Patricia Field, Helen Mclean

1 Improving secondary prevention knowledge in immigrants after a heart attack: adapting and evaluating a virtual patient education resource to promote behaviour change. Wendan Shi

2 Scale-up and scale-out of the Australian-Fans in Training (Aussie-FIT) health behaviour change program: Protocol for a randomized controlled hybrid effectiveness-implementation trial. Eleanor Quested

3 Humanitarian crises of adults with congenital heart disease - Experiences of two refugees referred to cardiac rehabilitation. Robert Zecchin

## 11:00 Research Prize Session

**Location:** Theatre Auditorium

**Chairs:** Dr Bridget Abell, Dr Celine Gallagher

11:05 Comparison of 30-day readmission rates and 1-year mortality of cardiovascular disease between Australian- and overseas-born residents: a large cohort study of older Australian adults. Ling Zhang

11:21 A National Survey of Cardiac Rehabilitation on Patient Data Capture, Management, Reporting and Informing Practice in Australia. Matthew Hollings

11:37 Low evidence-based pharmacotherapy prescription for patients discharged after an acute coronary syndrome: presents an important opportunity for prescribers before cardiac rehabilitation and secondary prevention programs. Lemlem Gebremichael

11:53 Cardiac health professionals' knowledge, attitudes and behaviours towards screening for cognitive impairment in acute coronary syndrome patients: a survey study. Emma Zhao

## 12:15 Abstract Presentations

### Diversity Room

**Chairs:** Carolyn Astley, Jeroen Hendriks

12:15 A League of Nations" - Diversity of ~6000 patients enrolled in 4 cardiac

### Equity Room

**Chairs:** Carmel Bourne and Vanessa Poulsen

12:15 Accuracy, depth and quality of online information for Spontaneous Coronary Artery

### Access Room

**Chairs:** Dawn McIvor, Minke Hoekstra

12:15 A national survey of cardiac rehabilitation practitioners' attitudes and



rehabilitation programs in western Sydney. Robert Zecchin

**12:26** An Australian football theme can engage men with cardiovascular disease in a health behaviour change intervention: Results from a feasibility randomized trial. Eleanor Qusted

**12:37** Economies of scale in exercise telerehabilitation: a modelling study. Jonathan Rawstorn

**12:48** Identification of needs and preferences of women in rural Australia to co-design an existing web-based cardiac rehabilitation service: the Cardiac Rehabilitation Especially for Women (CREW) project. Joyce Ramos

Dissection (SCAD) survivors and their families: a novel systematic appraisal of websites. Joseph Weddell

**12:26** Chronic Heart Failure community-based rehabilitation: the impact of an education intervention to improve referral and engagement rates. Katie Palmer

**12:37** Improving Primary care Adherence to Heart Failure guidelines In Diagnosis, Evaluation & Routine management (PATHFINDER). Lying Dai

**12:48** Cardio-oncology patients are not just cardiac patients with cancer: A five-year registry study of Western Sydney cardiac rehabilitation enrolments. Matthew Hollings

practices regarding psychosocial well-being and healthy eating. Sarah Gauci

**12:26** Retrospective assessment of eligibility for same-day discharge following elective percutaneous coronary intervention and potential cost-savings in six Queensland public hospitals. Lisa Chen

**12:37** Health literacy and attendance at cardiac rehabilitation following myocardial infarction: Preliminary analysis of the ENHEARTEN study. Denise Azar

**12:48** Quality of cardiac rehabilitation in rural South Australia after a quality improvement intervention: results of the Country Heart Attack Prevention (CHAP) Project. Alline Beleigoli

## 13:00 Lunch and Trade Exhibition

**Location:** Trade Area/Conference Foyer

## 14:00 Workshops

Diversity Room	Equity Room	Access Room	Belonging Room
Cardio-oncology 101: what clinicians need to know Chair: Dr Snezana Stolic Facilitators: Professor Robyn Clark and Mr Robert Zecchin	DESY - Diabetes Self Management Yarning Chair: Nikki Strahan Facilitators: Ms Kathryn Lemon and Dianne Ledger	Clinical Yarning Chair: Helen McLean, Mel Robinson Facilitators: Ms Dawn Bessarab and Mr Ivan Lin	Sleep and CVD Chair: Dr Jonathan Rawstorn Facilitator: Ms Tracy Swanson

## 14:50 Plenary Two

Goal setting and the importance of hope

**Location:** Theatre Auditorium

**Chair:** Dr Celine Gallagher

**Invited Speaker:** Ms Rebecca Carbone, Hope and Resilience coach.

## 15:30 Afternoon Tea and Trade Exhibition

**Location:** Trade Area/Conference Foyer

## 16:00 Plenary Three

Reversing diabetes: is it possible? Implications for cardiovascular care

**Location:** Theatre Auditorium

**Chair:** Nikki Strahan, Mel Robinson

**Invited Speaker:** Mr Ray Kelly, University of Melbourne

## 16:45 Clinical Excellence Showcase

**Location:** Theatre Auditorium

**Chairs:** Dr Jonathan Rawstorn and Dr Snezana Stolic



**16:45** Engaging country patients in cardiac rehabilitation: early learnings from a virtual Heart Health Support Service. Nicole Skavik

**16:55** An Innovative Business model using established Medicare items for delivery of cardiac rehabilitation – a value proposition for primary care. Norma Bulamu

**17:05** New Fluid Balance Documentation to improve patient outcomes in the acute setting. Linda Macaulay

## 17:15 Free time

### 19:00 Gala Dinner

**Location:** Matilda Bay Restaurant, 3 Hackett Drive, Crawley, WA.

**Theme:** My Heart Will Go On

## Wednesday 02 August 2023

### 07:30 Registration Opens

**Location:** Lower Colonnade, Ground floor

### 07:30 Heart Foundation Walk

**Location:** Wonil Hotel foyer

### 07:30 Early/mid-career Researcher Coffee Catch-up

**Location:** Seminar room 1

### 08:30 Day 2 Welcome

**Location:** Theatre Auditorium

**Speakers:** Helen McLean and Dr Celine Gallagher

### 08:35 Plenary Four

Postural Orthostatic Tachycardia Syndrome in Australia – where are we in 2023?

**Location:** Theatre Auditorium

**Chair:** Dr Celine Gallagher and Nikki Strahan

**Invited Speakers:** Professor Dennis Lau and Ms Marie-Claire Seeley. Australian Dysautonomia and Arrhythmia Research Collaborative, University of Adelaide

### 09:15 Plenary Five

Cardiovascular care – a social and emotional wellbeing approach

**Location:** Theatre Auditorium

**Chair:** Dr Celine Gallagher and Nikki Strahan

**Invited Speaker:** Ms Vicki Wade. Leader, National Aboriginal Health Unit, Heart Foundation

## 9:45 Morning Tea and Trade Exhibition

**Location:** Trade Area/Conference Foyer

### 9:45 Moderated Posters

**Location:** Trade Area/Lower Colonnade

**Chair:** Robert Zecchin

**1** Implementing a sedentary behaviour change smartphone app in cardiac rehabilitation: a qualitative analysis guided by the Theoretical Domains Framework and Capability, Opportunity, Motivation - Behaviour Model. Kacie Patterson

**2** Re-designing a personalised cardiac support program to complement the complex patient journey. Chloe Truesdale

**3** Integrative review: Rheumatic Heart Disease echocardiogram screening by nonexperts. Snezana Stolic



## 10:15 Abstract Presentations 8+2

Diversity Room	Equity Room
<b>Chairs:</b> Associate Professor Carolyn Astley and Minke Hoekstra	<b>Chairs:</b> Linda Macaulay and Dr Bridget Abell
<p><b>10:15</b> Lower cardiac rehabilitation enrolment occurs in ACS patients who have less physical activity: a prospective observational study using wearable activity tracker data. Matthew Hollings</p> <p><b>10:26</b> Patient program fidelity and reported experiences with a web-based, interactive, clinically integrated cardiac rehabilitation and secondary prevention program (CATCH Web). Katie Nesbitt</p> <p><b>10:37</b> Uptake and implementation of telehealth-delivered cardiac rehabilitation: A systematic review of system and provider factors. Daniel Ferrel-Yiu</p> <p><b>10:48</b> Favourable body composition changes following cardiac rehabilitation for patients with ST-elevated myocardial infarction compared to coronary artery bypass graft. Matthew Hollings</p> <p><b>10:59</b> Development of chronic disease secondary prevention in rural and remote communities Patricia Field</p>	<p><b>10:15</b> A qualitative review of patient experiences of cardiac rehabilitation. Sarah Gauci</p> <p><b>10:26</b> Effectiveness of telehealth cardiac rehabilitation programs on health outcomes of patients with coronary heart diseases: an umbrella review. Wendan Shi</p> <p><b>10:37</b> Participation in cardiac rehabilitation and association between participation and major adverse cardiovascular events among Australian patients with acute coronary syndrome alive at six-month follow-up. Deborah Manandi</p> <p><b>10:48</b> Effects of water-based circuit exercise training on cerebrovascular outcomes in stable coronary heart disease. Anna Scheer</p> <p><b>10:59</b> Improving cardiac rehabilitation utilization is essential to reducing mortality and cardiovascular readmission: a data linkage analysis of cardiac rehabilitation utilization and clinical outcomes of 84,064 eligible separations in South Australia. Alline Beleigoli</p>

## 11:15 Workshops

Diversity Room	Equity Room	Belonging Room	Access Room
Using a Theory of Change to measure health interventions: Tips and tricks <b>Chair:</b> Nikky Strahan <b>Facilitator:</b> Ms Sunet Jordaan	How to assess for POTS in Long Covid? <b>Chair:</b> Dr Celine Gallagher <b>Facilitators:</b> Professor Dennis Lau and Ms Marie-Claire Seeley	Telehealth <b>Chair:</b> Dr Jonathan Rawstorn <b>Facilitator:</b> Professor Andrew Maiorana	Health literacy and culturally relevant resources <b>Chair:</b> Helen McLean <b>Facilitators:</b> Ms Celeste Rodrigues and Ms Glenyss Collard

## 12:15 Lunch and Trade Exhibition

**Location:** Trade Area/Conference foyer

## 12:45 ACRA Annual General Meeting

**Location:** Seminar room 4  
ACRA members only

## 13:15 Plenary Six

Climate health and Cardiovascular Disease – 2023 update

**Location:** Theatre Auditorium

**Chairs:** Dr Snezana Stolic and Dawn McIvor

**Invited Speaker:** Dr Georgia Chaseling, University of Sydney



## 14:00 Clinical Prize Session

**Location:** Theatre Auditorium

**Chairs:** Dr Snezana Stolic and Dawn McIvor

**14:05** Standardising activity and exercise following cardiac surgery: a research translation framework in practise. Samara Phillips

**14:21** The Warm Introduction: An Aboriginal Health Unit and Cardiac Liaison Nurse shared care approach to improve care for Aboriginal patients with cardiovascular disease at Bairnsdale Regional Health Service. Carolyn Alkemade

**14:37** Flexibility, Opportunity, and Access: Designing a Cardiac Rehabilitation model of care to promote patient choice at the Victorian Heart Hospital. Katie Palmer

**14:53** Culturally respectful Heart Health education: Empowering Aboriginal coordination teams to deliver heart health education through clinical yarning. Ursula Swan + Helen McLean

## 15:15 ACRA Advocacy

**Location:** Theatre Auditorium

**Speakers:** Associate Professor Carolyn Astley, ACRA National President

## 15:30 Prize Announcements

**Location:** Theatre Auditorium

## 15:45 ASM 2024 Promotion

**Location:** Theatre Auditorium

**Speakers:** Robert Zecchin and Dawn McIvor

## 15:50 Conference Close and Afternoon Tea

**Location:** Theatre Auditorium

**Speakers:** Helen McLean, Nikky Strahan and Celine Gallagher

