



### **‘Provider and System-Level Approaches to Bridging the Cardiac Rehabilitation Service Delivery Gap in Queensland’**

#### **Invited speakers:**

**Chloe Truesdale** works nationally in leadership and advisory positions for secondary prevention and patient support at the National Heart Foundation of Australia. She has a background in allied health working in rural and metropolitan cardiac rehab programs for Queensland Health as an Accredited Exercise Physiologist. Now, Chloe is leading the redesign of the My Heart, My Life patient support program, as well as projects specifically focused on rural and remote health and psychosocial wellbeing.

**Cardihab’s Christine Kwong** is a Clinical Nurse with experience in cardiac nursing such as Coronary Care, Cardiac Catheter Lab and 10 years as a Cardiac Rehabilitation Nurse. As Cardihab’s Clinical Lead, Christine is responsible for ensuring the design of care plans are both aligned with clinical guidelines and clinical practice. Christine is also responsible for ensuring that Cardihab customers are supported as they integrate our platform into their models of care.

**Katrina Ghidella** has over 10 years’ experience working in Aboriginal and Torres Strait Islander Health. As an Accredited Exercise Physiologist Katrina is passionate about working with clients and their families in a culturally responsive manner to achieve client centred health outcomes. In her role as the Rehabilitation Programs Manager at the Institute for Urban Indigenous Health, Katrina is leading the roll out of brand community based Cardiac and Pulmonary Rehabilitation programs. In addition to this she also manages the Work It Out Program and the Deadly Fit Mums Program and provides clinical supervision and support to a Multidisciplinary team.

**Samara Phillips** is the Queensland Cardiac Rehabilitation Adviser. A position that is funded by Queensland Health to originally support and lead the development and implementation of a cardiac rehabilitation module within Queensland Cardiac Outcomes Registry. This position is now active in the overall governance, quality and service improvement of the public outpatient cardiac rehabilitation programs delivered from approximately 55 sites across Queensland. Samara has a Masters in Public Health and a Bachelor of Physiotherapy. She is passionate about improving client experience by delivering contemporary healthcare.

**Simone Braithwaite** is a health professional with more than 30 years’ experience working in a diverse range of roles at community, regional, statewide and national levels. Simone holds formal qualifications in public policy, public health, health promotion, nutrition and dietetics. She thrives on the pursuit of understanding the complexities of human health and wellbeing and the challenge of supporting healthy behaviours through strong public policy.

**Alisha Chand**

**Provisional program: Friday 28<sup>th</sup> April, 2023**

Friday 28 <sup>th</sup> April	Speaker/Affiliation	Title	Chair/Moderator
<b>13:00 – 13:05</b>	<b>Acknowledgement of Country &amp; Welcome</b>		<b>ACRA-QLD President  &amp;  State Representative</b>
<b>13:05 - 13:15</b>	<b>Chloe Truesdale</b> <i>National Heart Foundation of Australia</i>	NHFA consumer led program design: can digital interventions play a role in rural areas?	
<b>13:15 - 13:25</b>	<b>Christine Kwong</b> <i>CardiHab Clinical Lead</i>	The role of digital therapeutics in delivering equitable care	
<b>13:25 - 13:35</b>	<b>Katrina Ghidella</b> <i>Institute for Urban Indigenous Health</i>	Culturally Responsive Cardiac Rehabilitation Programs	
<b>13:35 - 13:45</b>	<b>Samara Phillips</b> <i>Principal Statewide Cardiac Rehabilitation Advisor</i>	Cardiac Rehabilitation in Queensland Health	
<b>13:45 - 13:55</b>	<b>Alisha Chand</b> <i>North Queensland PHN</i>	TBA	
<b>13:55 - 14:05</b>	<b>Simone Braithwaite</b> <i>Queensland Health Prevention Strategy Branch</i>	Queensland Health strategic directions for chronic disease secondary prevention	
<b>14:05 – 14:30</b>	<b>Q&amp;A Panel – Invited Speakers</b>		

**To register:**

Please click the link below to register for our Webinar. Registration is free for ACRA members

<https://events.humanitix.com/qld-cr-webinar-2023>

Membership type	Registration cost
ACRA Member	Free
Full registration ACNC Non-member	\$15

**Webinar recording:**

- Our webinar will be recorded and placed on the ACRA National Website as well as sent to all delegates via a view-only link. In registering and participating, consent to record is therefore implied.

**Cancellation Policy:**

- No refund if cancelled within 48 hours of the event;
- 25% refund if cancelled at least 2 days before the event.

**ACKNOWLEDGEMENTS: ACRA-QLD Organising Committee**

Dr Katina Corones-Watkins	Dr Bridget Abell	Dr Amanda McGuire	Patricia Field
Dr Jo Wu	Michelle Aust	Dr Snezana Stolic	Karen Healy