



ACRAVIC

Australian Cardiovascular Health &
Rehabilitation Association- Victoria

STATE CONFERENCE 2021

*"A WHOLE HEARTED
FOCUS"*

FRIDAY 15TH OCTOBER
ONLINE: LIVE & ON DEMAND

FREE FOR ACRA MEMBERS
\$50 NON-MEMBERS

Registration:

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KEY NOTE SPEAKERS



Geoffrey Ahern

Senior Mental Health Clinician Educator



Professor Edward Janus

Former Director of General Internal Medicine, Dept of
Medicine, University of Melbourne and Western Health



Caroline Bowman

Clinical Nurse Consultant, Early Intervention Systolic
Heart Failure Program, MonashHeart



Dr Matthew Brooks

Interventional Cardiologist
Royal Melbourne Hospital, Melbourne Private, John
Fawkner Private Hospital



Dr Louise Segan

Consultant Cardiologist, PhD Fellow, Cardiac
Electrophysiology, Alfred Health, Baker Heart &
Diabetes Institute

PROGRAM



0915 Welcome & introduction Dr Susie Cartledge
ACRA Vic President

0925 Managing burnout for healthcare workers during a world-wide pandemic Geoffrey Ahern

1015 Get up & move - telehealth exercise tips and tricks

1025 Lowering cholesterol - what's new? Prof Edward Janus

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MORNING TEA 1120 - 1140

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1150 Establishing a heart failure program - From Zero to 1000 in seven years. Caroline Bowman

1225 Get up & move - telehealth exercise tips and tricks

MEMBER RESEARCH

1235 Pantry Tour Lisa Sammartino
CR Nurse, IPC Health

1245 Research to real-world: key considerations for implementing cardiac telerehabilitation in clinical practice Dr Jonathan Rawstorn
*Resarch Fellow, IPAN
Deakin University*

LUNCH 1300 - 1400

PROGRAM



1400 GOLD SPONSOR

1410 Updates in interventional cardiology Dr Matthew Brooks

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1515 Get up & move - telehealth exercise tips and tricks

1525 Updates in interventional cardiology Dr Louise Segan

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1610 Australian Centre for Heart Health Update Prof Alun Jackson
ACHH Director

1620 Heart Foundation Update Kath Cowie
*Senior Advisor
Sec Prevention*

1630 Closing remarks Dr Erin Howden
*ACRA Vic
Vice President*

AstraZeneca 

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**SAVE THE DATE
CLINICAL PRACTICE DAY
MONDAY 21ST MARCH 2022**

CONTACT US:

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