

You are invited to attend a free, interactive webinar on smoking cessation

Free Accredited CPD* LIVE Webinar 7.30pm, Thursday, Dec 3

What REALLY helps smokers quit?
Patients and Experts Tell All!

limited spaces available

[register now](#)

inVIVO Academy

RACGP CPD Activity 2 | *Undergoing ACN, ACRRM, PSA accreditation/endorsement

Free CPD-accredited webinar

WHEN: 7:30 pm AEDT, Thursday December 3 **DURATION:** 1 hour

ACCREDITATION: RACGP 2 CPD Points; Undergoing ACN, ACRRM & PSA accreditation/endorsement

Learn from experts - How exactly do they help smokers quit?

How experts use nicotine replacement therapy (NRT)

Troubleshooting problems with patches and pills

What the guidelines recommend about vaping

How and when to use NRT during pregnancy

Learn from patients - Your questions answered

We collected questions from about 100 healthcare professionals and posed these to Australian smokers and successful quitters. The answers may surprise you.

How could a healthcare professional best help you quit smoking?

"Listen when I say I'd like to quit." [Australian smoker age: 50s]

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WEBINAR PROGRAM

- Survey Results: Patients answer healthcare professionals' questions
- Latest changes to smoking cessation recommendations
- Smoking Cessation – The Big Picture
- How the experts prescribe nicotine replacement therapy
- Medication myths and troubleshooting treatments
- Audience Q & A

FACULTY



Karen Counter is a GP from NSW with a wealth of experience in smoking cessation, preventative health, and mental health. She is an Accredited Tobacco Treatment Specialist with a special interest in 'painless' smoking cessation and has had many years' experience in successfully working with heavy, long-term and dependent smokers.



Johanna Bou-Samra works for Queensland Health as the Indigenous Health Outcomes Pharmacist. She is an accredited Tobacco Treatment Specialist and a member of the American Association for the Treatment of Tobacco Use and Dependence and a member of the State-wide Smoking Cessation Working group. She is the Project Officer for Smoke Free Healthcare for the Darling Downs Health Service, and clinical lead in the health Service's Maternal Smoking Cessation program.



Kym Yuke is a registered nurse with national and international accreditation in the areas of Health Promotion and Tobacco Treatment. She holds qualifications in Nursing, Health Promotion, Public health and Tobacco treatment. Kym works in an Urban Indigenous primary health care setting as a Tobacco Treatment Specialist running a smoking cessation clinic. Other aspects of her role include community health promotion and providing education to health professionals about smoking cessation.

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Provider

In Vivo Academy is a not-for-profit provider of accredited medical education

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