



Submission Categories

1) Research Abstract

Have you conducted scientific research or investigated a topic in the field of cardiac care? We are seeking abstracts on the latest research with original data (this includes quantitative or qualitative studies, systematic/narrative reviews and meta-analyses). This is your chance to share your study findings with colleagues.

SUGGESTED HEADINGS:

- **Background:** Outline the knowledge gap/why is this topic important. State the aim of your research.
- **Methods:** Succinct description of study design and methodology including Population/ problem; Intervention/Exposure; Comparison/control (if applicable); and Outcome measure? What data were collected and how were they managed/ analysed?
- **Results:** What did you find/discover? Be succinct yet give the reader a summary analysis of the data and any table or figure.
- **Conclusions/Implications:** What can be concluded from the project? Keep your conclusions reasonable and ensure they can be confirmed by the findings of your work. What are the health/policy implications, and implications for future work?

(Max 250 words)

2) Clinical Abstract

Have you found an identifiable gap in knowledge relating to clinical practice that warranted investigation? Have you established a new service to fill an identified need? Do you have tips for implementation that you could you pass on to others? This is your chance to share your challenging clinical scenarios with your colleagues, and guide discussion for potential improvements.

SUGGESTED HEADINGS:

- **Background/Rationale:** Indicate why the topic is important (knowledge gap). Why was your project undertaken?
- **Methods:** Succinct description of what was done and how, by whom, involving whom and where? What measurements were taken and how?
- **Outcomes:** What did you find/discover? Be succinct yet give the reader a summary analysis of the data and any table or figure.
- **Implications for practice:** What are the clinical implications of this work? What can other practitioners learn? How might this change practice?
- **Conclusions / Key messages:** What can be concluded from the project? Keep your conclusions reasonable and ensure they can be confirmed by the findings of your work. What are the suggestions for future work?

(Max 250 words)

3) Clinical Excellence Showcase:

Have you implemented an innovative practice or QI project? Overcome a clinical challenge? Set-up a program or service which offers something a little out of the ordinary? If so, we want to hear from you! This session will consist of rapid-fire presentations, which are designed to share ideas to improve care. The aim is for these presentations to be short (5 minutes, with 2 minutes for questions), sharp, informative and above all, fun! We hope to leave delegates with at least one good, practical idea to implement in their own practice.

SUGGESTED CONTENT: (These abstracts do not require structured headings; and are submitted in the same way as other abstracts)

- What was the problem you were faced with or gap you needed to fill?
- How did you go about it? What did you do? What steps did you take?
- What outcomes have occurred as a result of your innovation/project?
- Lessons learnt from the process that you can share with others
- What didn't work – we are interested to hear about this too!

(Max 250 words)

4) Workshop

Do you have a skill, a tool or a system change that you could share in a facilitated workshop to your cardiac rehab peers? This year we are offering the opportunity to present a workshop. Workshops offer the unique opportunity for audience participation, dynamic conversation and sharing ideas with people with a range of backgrounds and experience. We want the workshops to be practical, interactive and have a strong facilitator. Importantly we want the content to be applicable and meaningful for the ACRA community.

Workshops will run for approximately 60 minutes. We encourage you to submit workshop ideas.

SUGGESTED CONTENT:

- The title of the workshop
- Workshop lead facilitator biography (100 words)
- Names and roles of other workshop members (maximum of 5 including the facilitator)
- The body of the workshop proposal should cover (500 words maximum):
 - Objectives of the workshop
 - What information will be presented
 - Interactive activity description
 - How the workshop will meet the needs of the ACRA community

PRESENTATION FORMATS

- **Prize session**
Four finalists for each abstract category (Research and Clinical) will be chosen to present in a plenary session, based on ranking of the abstracts. Each presentation is allocated 10 minutes presentation time, plus 5 minutes Q&A.
- **Oral presentation**
Each presentation is allocated 10 minutes presentation time, plus 2 minutes Q&A.
- **Clinical Excellence showcase**
Each presentation is allocated 5 minutes presentation time, plus 2 minutes Q&A.

- **Moderated Poster**
Top scoring posters will be chosen to formally discuss their poster. Each presentation is allocated 3 minutes presentation time, plus 2 minutes Q&A.
- **Poster**
Posters will be displayed for the duration of the conference program. There will be a dedicated informal Poster Session during the conference, during which time you will be required to stand beside your poster.

PRIZES

Both ACRA members and non-members are eligible for prizes. The following prizes will be awarded during the ASM:

- Best Research presentation
- Best Clinical presentation
- Best Clinical Excellence Showcase
- People's Choice Award (for oral abstract presentation)
- Best Moderated Poster

REVIEW PROCESS

All submissions will undergo a blind peer-review process by the Scientific Committee. The Scientific Committee will allocate abstracts to the program, taking into account the balance of the program. Abstract submitters will be notified of the outcome by the end of May, 2020 with workshop idea submissions notified by end of April, 2020. A notification email will be sent to the submitting author.

Abstracts will be marked on the following criteria:

- Concise and clear information
- Quality and appropriateness of study design/intervention
- Results / scientific merit
- Clarity of conclusions
- Impact and/or significance
- Innovation

Workshops will be marked on the following criteria:

- Experience of the facilitators
- Alignment of the workshop topic to the needs and interests of ACRA members
- Quality and level of interactive nature of workshop