



Monday, August 10 2015	
1700 - 1930	Registration Open
1730 - 1830	Member's Forum <i>Chair: Steve Woodruffe</i> The Member's Forum is an opportunity for ACRA members to discuss the association's activities with the Executive Management Committee
1830 - 2000	Welcome Reception <i>Welcome address: Steve Woodruffe</i>
1830 - 2000	Moderated Posters <i>Chair: Robyn Clark</i>

Tuesday, August 11 2015	
0645 - 0730	Walk along Southbank River
0700 - 1700	Registration Open
0730 - 0815	Heart Foundation Breakfast Meeting <i>Advanced care planning for patients with heart disease and heart failure</i>
0845 - 0900	Conference Open and Welcome to Country
0900 - 0910	Patient presentation
0910 - 0950	International Keynote Presentation Past, present, and future David Wood
0950 - 1035	National Keynote Presentation The ACRA core components of secondary prevention and cardiac rehabilitation Steve Woodruffe
1035 - 1100	Morning Tea
1100 - 1200	Research Prize Sessions
1100 - 1115	Validation of the Fitbit-Flex activity monitor device as a measure of free living physical activity Muaddi Fahad Alharbi
1115 - 1130	Effectiveness of a dietary intervention to reduce cardiovascular risk factors in a hyperlipidaemic population Tracy Schumacher
1130 - 1145	Trunk stabilisation exercises reduce sternal separation and pain in sternal instability after cardiac surgery: a randomised cross-over trial Doa El-Ansary
1145 - 1200	Improved efficiencies in cardiac rehabilitation through service redesign Andrew Maiorana
1200 - 1210	Discussion
1210 - 1225	Room change over and comfort break

1225 - 1310	Evidence Review	Service Delivery	Clinical Practice
1225 – 1240	Comparison of the effectiveness of different waist circumference measurements for adults with coronary heart disease or type two diabetes Wendan Shi	Promoting cardiovascular rehabilitation and secondary prevention as usual care: toolkit development Craig Cheetham	Exercise and blood glucose action plans for type one and two diabetes Grant Turner
1240 – 1255	Coronary heart disease in Chinese living in western countries: new insights from a systematic review and meta-analysis Kai Jin	Nurse ambassador program - improving phase 1 cardiac rehabilitation Amanda Jennings	Sternal micromotion following cardiac surgery: a 3-month prospective, observational study Sulakshana Balachandran
1255 – 1310	Mobile apps and secondary prevention of cardiovascular disease- what works? Lis Neubeck	The experience of a nurse led semi-rural pacemaker clinic Diane Jacobs	Physical examination of the sternum following Cardiac Surgery: validity and reliability of a sternal instability scale (SIS) Doa El-Ansary
1310 - 1400	Lunch		
1400 - 1530	Concurrent Workshops		
	Foundations of CR and core components Craig Cheetham Steve Woodruffe	Obesity management and exercise prescription Andrew Maiorana	Women and heart disease Robyn Gallagher Robert Zecchin
1530 - 1600	Afternoon Tea		
1600 - 1630	Robyn Clark- The future: why should we keep funding your program?		
1630 - 1700	ACRA AGM		
1900 - 2300	Conference Dinner – Silver Anniversary “Past, Present, and Future” <i>(Please join us at this black tie event as we celebrate 25 years of ACRA)</i>		

Wednesday, August 12 2015			
0800 - 1700	Registration Open		
0900 - 0940	International Keynote Presentation Medication adherence Todd Rupp		
0940 - 1025	International Keynote Presentation Including the family in CR Catriona Jennings		
1025 - 1100	Morning Tea		
1100 - 1200	Clinical Prize Sessions		
1100 – 1115	Safety of medically supervised outpatient cardiac rehabilitation : the Asian experience Greeshma Shenoy		
1115 – 1130	Facilitating health behaviour change: the future of group education Brendon McDougall		
1130 – 1145	The lighthouse hospital project: improving the patient journey for Aboriginal and Torres Strait Islander peoples with acute coronary syndromes Vicki Wade		
1145 – 1200	An absolute risk prediction model for rehospitalisation in adults with chronic heart failure Vasiliki Betihavas		
1200 - 1210	Discussion		
1210 – 1225	Room change over and comfort break		
1225 - 1310	Service Delivery	Exercise and Heart Failure	eHealth
1225 – 1240	An advocacy toolkit for health professionals: improving cardiac rehabilitation and heart failure services Karen Uhlmann	How is exercise currently being delivered in Australian cardiac rehabilitation services? A snapshot of nationwide practice Bridget Abell	Implementation and evaluation of a mobile health home-based cardiac rehabilitation program in clinical practice Marlien Varnfield
1240 – 1255	Patient clinical profile trends entering into a comprehensive outpatient cardiac rehabilitation program: a 20 year journey Robert Zecchin	Heartmoves as a sustainable exercise program for people with chronic disease Amanda Doring	Teleheart: Piloting of telephone delivered cardiac rehabilitation Rosemary Higgins
1255 – 1310	Cardiac rehabilitation: the Heart Foundation's strategy to drive change through advocacy Rachael Neumann	Using hospital heart failure data to support service design and practice Debra Gascard	The HRC Network - an online community for health professionals Lyndel Shand
1310 - 1400	Lunch		
1400 - 1530	Concurrent Workshops		
	Medication adherence-putting theory into practice Todd Rupp	Advanced CR and core components Craig Cheetham Steve Woodruffe	Your past, present and future is determined by your data. How to measure the core components in practice. Tom Briffa Karice Hyun
1530 - 1600	Cardiac rehabilitation: how do we avoid another 40 years in the wilderness? David Thompson		
1600 - 1610	ACRA 2016 Presentation		
1610 - 1620	Conference Close and Announcement of Awards <i>Chair: Lis Neubeck</i> Best Poster Award Best Research Award Best Clinical Presentation Award People's Choice Award		
1620 - 1630	Final word from a CR patient		