



Annual Scientific Meeting – Friday, 13th October 2017

The Kirribilli Club, Lavender Bay

“Get with the Guidelines”

Hosted by the Cardiovascular Health and Rehabilitation Association of NSW and ACT Inc. (CRA NSW/ACT) and Heart Foundation (NSW Division)

8.00am Registration Opens - tea and coffee on arrival

8.30am Official welcome and Acknowledgement of Traditional Owners

8.40am What’s new in the management of hypertension? Dr Eddie Barin, Cardiologist, Ryde Hospital, Royal North Shore Hospital and Macquarie University Hospital

9.10am Dietary fats and cardiovascular disease update – Dr Tracy Schumacher, Faculty of Health and Medicine, University of Newcastle

9.40am NSW Clinical Service Framework for Chronic Heart Failure 2016 - Prof Andrew Sindone, Cardiologist, Concord Hospital

10.15am Morning Tea

10.45am Guidelines on exercise in cardiac rehabilitation - Christine Bruntsch, Exercise Physiologist, Royal North Shore Hospital

11.15am Closing the Gap: Assisting Indigenous patients with their cardiac journey: The Lighthouse Hospital Project and Better Cardiac Care Aboriginal and Torres Strait Islander People Project Cate Ferry, Senior Manager Clinical Issues, Heart Foundation (NSW Division) and Jane Kerr, Chronic Disease Network Manager, Hunter New England Health

11.45am CRA NSW / ACT 2016 Annual General Meeting

12.30pm Lunch and Poster presentations

1.30pm The findings from the pilot of the NSW cardiac rehabilitation minimum data set – what have we learnt so far? Robert Zecchin, Nursing Unit Manager Area Cardiac Rehabilitation, Western Sydney Local Health District and Robyn Gallagher, Professor of Nursing Charles Perkins Centre, The University of Sydney

2.15pm Experiences of Spontaneous Coronary Artery Dissection (SCAD) survivors - Sarah Ford, SCAD survivor

2.45pm Women and Heart Disease – Making the Invisible Visible - Julie Anne Mitchell, Director of Cardiovascular Health Programs, Heart Foundation (NSW Division)

3.15pm Comfort break

3.30pm Assessing fitness of cardiac patients to drive - recommendations from the Ausroads book - Catherine Andrew, Lecturer in Occupational Therapy, Australian Catholic University

4.00pm *Be Heart Smart* group as an adjunct to the outpatient cardiac rehabilitation program

Jennifer Fildes, Clinical Nurse Consultant and Clinical Psychologist and Dr Nicole Livermore, Clinical Psychologist, Prince of Wales Hospital Randwick

4.30pm Drawing of the Passport Winner and Close of Meeting

CRA NSW/ACT would like to thank the sponsors for their kind support of this event

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